



QUEST 2022



St. Francis

College for Women

Begumpet, Hyderabad-500016

(Autonomous & Affiliated to Osmania University)



QUEST 2022

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FROM THE EDITOR



“For as he thinketh in his heart, so is he.” (Proverbs 23:7)

The academic year 2021-22 at St. Francis College for Women has seen a blend of online and face to face classroom teaching, club activities and other co-curricular and extra curricular activities. This e-magazine gives you a glimpse of all the different activities that benefitted the student community at large. The theme of this year’s magazine is ‘THOUGHTS UNLOCK @ SFC’. The collection of articles, poems and art works in this magazine revolves around the theme. The students have captured their thoughts and given shape to them in writing in Telugu, Hindi, English and French. Expressing one’s thoughts in words is a great privilege as many great writers through different ages in different civilisations have done precisely the same. Thoughts play a huge role in our lives as it translates itself into action. In the same way, artworks of our students can touch your soul as it is birthed out of the heart's imagination. On behalf of the College Magazine Committee and Student Editorial Board, I invite every reader to enjoy navigating through the pages of this magazine with joy in your heart and a smile on your face.

I would like to place on record the creative & dynamic Student Editorial Board of twelve headed by R. Sai Ananditha of II B.A. MLS for their tireless efforts in editing and designing this college magazine to perfection. I’m grateful to the members of the College Magazine Committee, the incredible seven, for their valuable contribution in collecting the reports and editing the articles. I thank our College management, especially our Principal Dr. Sr. Sandra Horta, our Vice Principal Dr. Sr. Sherly and Dean Academics Dr. Mallika Shetty for their guidance throughout and their constant encouragement. Above all, I thank our Lord and Saviour Jesus Christ for bestowing upon each and every member of our team the wisdom of Bezalel and Oholiab who built the tabernacle during Moses' time.

Ms. Carolyn Samuel

Assistant Professor, Dept. of English

A NOTE FROM THE PRINCIPAL



Thoughts Unlock @ SFC is a compendium of the diverse engagements of faculty, staff, students and alumnae on our campus for the academic year 2021 - 22. This annual edition chronicles the optimistic and resilient Francisian spirit reflected in all our endeavours to make the new normal imposed by the pandemic a time of opening up new avenues and novel ventures.

I congratulate every Francisian who have given their best to hold aloft the banner of Francis against all odds. All of us agree that even though the corona pandemic made us acknowledge our limitations, it has tapped our potential for inventive skill and creative vision. With God's hand to guide and lead us coupled with the dedication of our faculty and staff, energised by the enthusiasm of our students we were able to go ahead with all the activities that mark our regular college calendar either in online or offline mode. Towards the end of the academic year, we had the joy of seeing the campus buzz with activity. Thanks be to our great, big, wonderful God who makes all things beautiful to all those who hold on to Him.

All that happens at Francis is geared towards making God's kingdom come to our campus so that we Francisians radiate the joy of belonging to a community dedicated to make our campus a happy place for all those who are a part of it. May God bless us in all our endeavours and keep all Francisians happy and healthy, to be channels of His love and mercy. This is the prayer and wish that springs from every heart that is associated with our Institution with a firm belief that God will definitely bless us to be a blessing firstly to one another and then to anyone and everyone He brings into our lives.

God bless us all.

Dr. Sr. Sandra Horta
Principal



ENGLISH



BACK TO REALITY

I once read a quote that was very close to my heart "If you are always trying to be normal, you'll never know how amazing you can be". This is because we are always trying to fit into an imaginary box of unrealistic expectations that no one can ever reach. We are always told to be in a particular way, but what if we are not what people expect us to be? Also, it's funny how the presented expectations are so flawed that they are unachievable. If you are skinny, you are told to gain weight; if you are fat, you are shamed into losing weight; if you are dark, you should try to make your skin "glow," and if you are fair, well, then try to tan it a little. Replace short with long, left with right, good with bad, but make sure it is not too much or too little. There is no set to mark where to start and where to stop. If we keep thinking about what others think of us, will we ever be able to discover our true selves? I believe we are made different for a purpose, and that is because the difference in our ideologies and thinking is what makes this world better and more interesting. This topic is so close to my heart because, since the beginning of the pandemic, I saw the world pass before my eyes and noticed how disturbingly common it had become to pretend to be someone you are not. Be it through filters or any other means, the constant need for validation that I observed around me made me question - Where is our generation heading? The concept of discovering yourself and enjoying little things around you has disappeared or merely been reduced to a means to update your feed in this fast-paced world. When I was a child, the internet was a means to escape the real world. But these days, you have to switch off your cellular devices to stay in the moment. And the dilemma of whether to record the precious moments of your life or live them has left people perplexed. But this deep-rooted dependency is the reality of this modern world. Social media takes away the life you are gifted by nature and makes you stuck in a loop of viewing your self-nothing more than a rejected individual. It drastically changes how you perceive yourself because you are projecting an illusion of people's happy lives.

When people around you constantly try to prove how flawless their lives are, there is no room left for feeling alive, growing at your own pace, and being authentic 'you.' All of this is not harmless, it comes at the cost of conditioning young minds into believing the only purpose of their life is getting a 'glow-up' to become something the majority of people like and enjoy. It takes away, bit by bit, the freedom of the choices we make and the way we choose to live. The unintended consequences of social media go way beyond ideal snooping around social networking sites. It has been rightly said that 'We struggle with insecurity because we compare our behind the scene with everyone else's highlight reel'. As a student with a science background, I can most definitely explain the reaction in your brain that causes these phenomena. But these conditions are as social as they are scientific. And I say this because the entire system isn't a coincidence but a very well developed and organized algorithmic-based domain. The lesser control we have over our daily interactions, ideas, opinions, and beliefs, the easier it gets to manipulate us into different ideologies. And if you think about it, the only barrier between us is the small brick-sized machine that projects us to a different world. So, I pondered if there was a way out of this, and the answer was yes and no. One could try and take a detox from this reality, but we most definitely cannot escape it due to our dependency. So, the only way out could be self-control and total authority over devices' usage. These are trying times, and it often becomes hard to distinguish these two realities and determine what is real? But always remember you are perfect just the way you are. And your uniqueness and your ideas make you different. No box or application can change that. Take some time to meet the person inside you who is your one true self and get back to reality.

-Sharvari Mahajan, B. Sc. II BTZC

LIFE IS LIKE LEAVES

LIFE is like leaves. How? Okay, let me tell you. What comes to your mind when you hear the word leaf? You might say that there are different types of leaves, different shapes, sizes, colours, properties, etc. Similarly, there are different kinds of people we come across in our lives. Some are tall, so some are short; some are fat, some are skinny; some are fair, some are dark, but we all co-exist in this world together like these different leaves. There are different leaves, but they don't differentiate themselves or put down each other. So, we shouldn't put down each other based on appearance. Leaves are tender when they sprout. Then, they become mature and then dry up. Very much similar to our life cycle, isn't it? Our lives are also almost identical, consisting of infancy, youth, middle years, and old age.

There are medicinal leaves with positive qualities. People who give us positive vibes, protect us, and heal us from their healing spell are the medicinal plants of our life.

If there are medicinal leaves, then some leaves are harmful or poisonous. Like in our lives, we have some people we call 'toxic'. If we cut one poisonous leaf, there will be two new leaves tomorrow. We can never destroy all. Likewise, if we cut off one toxic person from our lives, someone else would become toxic. To keep this toxicity to a minimum, we can smartly avoid them. As we keep away from poisonous plants.

It is funny how the seemingly unnecessary toxicity and poison have a purpose after all. We should never forget how we were treated by toxic people or what we went through. People who tend to forget these lessons will repeat the same mistakes. So, remember all the lessons and always hold on to the antidote, I mean the angels who have healing spells. And if we look closely, we can't call all people who hurt us 'toxic' because some give us important life lessons. Like Neem- it is bitter, but it is beneficial. In life, sweetness and bitterness both are important to maintaining balance in life.

Always remember to stand strong and face everything with a smile on your face, like a warrior fighting on the battlefield with a sword. Without rigorous efforts, nothing comes to you. A mere leaf tries hard to grow back after experiencing so many hardships, so why can't we?

-Arpita Jena, B. A. II HLP



MOMENTO MORI

MOMENTO MORI It means that death awaits. I first read this on my brother's Whatsapp status. A brother who lost his mother. Funnily, he never spoke about it. He was never vocal about what he went through. Our family was concerned for him. But in the hustle of life, we did not pay much to it. So imagine my surprise when I read this on his status. I did not know what it meant until I Googled it. And when I understood what it meant, I did not like it. I wished I had never looked it up because a concern so daunting hit me at that point in time. It was a concern for my brother, a concern for his well being. I never acted on it. And that was days ago.

Today, as I stood in the assembly after a very long time, I found myself confronting what felt like the saddest thing in the world. Death. Of a student. A student who was not even 20 years old. What was more unnerving was the nonchalance of my fellow mates. "All you had to do was keep quiet. Keep quiet for some time and show your respect to the ones who lost her," was all I thought. These were the same mates who spoke about the well being of others. I can not fathom how one can be genuinely concerned about the well being of others who aren't related to them. Especially when they can't give enough respect to those who lost one of their dear ones. Even if they exhibited concern, I wonder if this concern was genuine. After all, we live in a world of veils and dark mirrors.

It is funny how we are stuck in this labyrinth of dreams and the hustle of life. So stuck in this rat race that we do not intend to stop to enjoy and live in the moment. So busy having fun with our friends that we do not stop to pay attention to the worries of the other. But I don't think I can blame anyone. Because I, too, like the others, have been there. A time and place where all I wanted to do was spend time with my friends. Maybe I am still there. But there was this time, I was lost in the utopian world where nothing or no one else mattered other than my friends.

I was so lost that I did not stop to spend time with my now-dead aunt when she was actually alive. And today, when my cousins brag about their memories of her, all I can do is look at them and think with regret, "Why did I not talk to her?" Was I wrong in prioritizing my life and my fun over spending time with my family? My mum said no. And I believed it. At least until today. I stopped believing it when I heard the girl talk about her friend and cry for her. That day, I felt pain so excruciating that I wanted to rip my heart out. At that moment, I knew I had no right to believe what I did was right. I regretted what I did. and I still regret it. I regret not talking to her. I regret not spending time with her. I regret not telling her that she was my inspiration. She still is. And, with a heavy heart, I have to admit the most unfortunate part of all this. I am sure hours after writing this piece, I will go back to my usual self. And force myself to believe that I did nothing wrong. Because, like my mother says, I won't be able to live my life if I don't do it. And I just wonder how many times I forced myself to believe everything was normal when nothing was so that I could move on with my life. And if this is what adult life entails, I don't want to grow up. Ever.

-K. Sumana Samyuktha, BMS II



OUR SANCTUARIES

AFTER multiple drafts on random topics, I arrived at this one. Full disclosure, those random topics weren't so random after all; they were well thought out, at least better than this one, yet they didn't seem to make the cut.

What exactly does one write for "thoughts unlocked"? As an amateur writer, the prospect of complete creative freedom daunts me as much as it excites me. Where do I begin? Where do I stop? Is this appropriate?

But, as I stood on my balcony today and saw the sky morph its way into twilight with a delightful cup of tea in my hand, I knew exactly what to write about. My balcony and my room! Or, more specifically, "my sanctuary".

My balcony is modest. It doesn't boast fancy architecture, and it's small and white. And like in any Indian household, It is primarily used as a store.

But it does boast a view and a great one. It overlooks a large patch of paddy fields and a vineyard; it's green for the most part. The view is perfect, especially against the backdrop of a clear sky. In the little space I have, I have mounted iron crates filled with plants. All of us artists have a sanctuary, and this is mine. I write, paint and most importantly, contemplate here. I stand here and count the stars in the clear sky, I have seen the full moon, I have meditated, I have stood for hours for the cool breeze on a warm summer night.

It was more than just the view; I see an ecosystem flourish every day. The music sounds much better here, the tea tastes better. There is something about this place that indicates endless possibilities. Somehow the world makes much more sense here, and living in the present isn't an abstract concept after all. Adjacent to the balcony, two sparrows nested in the dining room on a window a few years ago. It was the perfect location. The nest was wedged between the windowpane and a mosquito mesh, forming a narrow corridor, big enough for them to enter and narrow enough to keep the predators away. An ideal location to build a home and start a family. Eventually, their eggs hatched, and two scrawny, little alien-like creatures emerged. Looking into the small nest and the scrawny little ones, it felt as if there was the whole universe in there. Every morning as I got ready for school, I could hear the sparrow family preparing for their day too. We lived like a joint family minus all the drama.

And eventually, after nurturing two generations, they left. The metaphorical and literal nest has been empty since. But I am grateful for the time that they did nest in our house. We learned to coexist not with fellow humans but with a different species altogether. Our house was their sanctuary- their presence was ours. Sparrows are relatively rare in our largely urban establishments. Still, the fact that a sparrow family picked our house to be their sanctuary is mystifying and humbling at the same time. In the fleeting moments of the ordinary, I have found mindless happiness and countless epiphanies. The act of baking with music playing in the background, watching a movie and taking days to get over it. Then, sometime later being reminded of it and being transported back to the feeling you felt when you first watched it. Recognising a familiar scent but never being able to put a finger to it. The warmth of a child's smile at the bus stop. They are all my sanctuaries. Don't get me wrong, big achievements are great; however, they don't make up for the small happiness. Nothing can.

Eventually, I may leave my nest and occasionally return to the balcony when I return on holiday. But all those moments I spent here will be etched in my memory. Standing there on my balcony, I remembered the words of the poet Henry David Thoreau

*"I went to the woods because
I wished to live deliberately,
to front only the essential facts of life,
and see if I could not learn what it had to teach,
and not, when I came to die,
discover that I had not lived."*

I think here, the “woods” are a metaphor for wherever you feel at home, wherever is your sanctuary. For Wordsworth, it was among the “Daffodils”, for Hemmingway, it was his “House” in Florida among his countless cats, and for Thoreau, it may have been the “Woods”. Our sanctuaries don’t have to be places- it can be people, memories, a beautiful piece of art...the emotion is inexplicable.

Our sanctuaries are our sacred dwellings. They don’t house our bodies, but they house our souls. And in doing so, keep us at peace. Some sanctuaries you keep going back to, some just come about once in a lifetime. My balcony is the sanctuary I keep going back to, and the sparrow’s nest came by once in a lifetime.

Recently, I read that a writer considers her bathroom her sanctuary, she credits the lighting and tiling with helping her creative juices flow. As absurd and ridiculous as it may seem, our sanctuaries are meant to make sense only to us. Every object is carefully curated; even the mere positioning has special significance. I have a well-curated “writing” playlist with countless movie scores.

I usually play it when I am writing in “my space”. I find that songs with lyrics can be distractive while writing. I also prefer to have my tea in a specific cup made of bamboo. I don't know whether these specifications make any significant difference, but it certainly makes me feel nice. These elements constitute the lifeblood of my sanctuary and are a sanctuary in themselves. These elements are portable. I could put on my writing playlist in the most crowded spots of the city and be transported back to my “space” and find myself being able to write without any worry.

Every day I look forward to coming back to my balcony, the desk in my room, my warmly lit desk lamp, my plants and the fairy lights. It’s not much, but it's just enough for me. Here, I can block the noise, listen to my deepest feelings, and stay more in tune with the present. I am immensely grateful for what I call “my little world”.

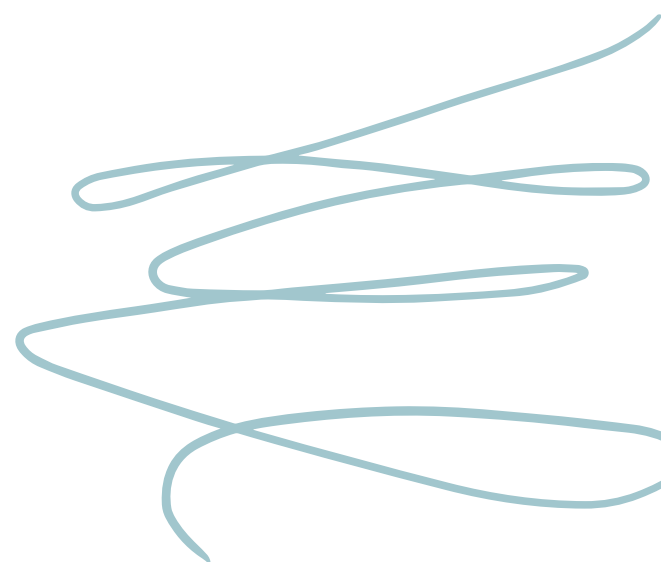
I pen this piece in my sanctuary, and I can’t begin to describe the feeling. Words seem to flow effortlessly, and writing seems fulfilling. Every time I raise my head, I see a poem by HW Longfellow- The Psalm of life, pasted on my desk:

*“Life is real! Life is earnest!
And the grave is not its goal;
Dust thou art, to dust returnest,
Was not spoken of the soul.”*

The sanctuary stays warmly lit. The clear sky slowly morphs into twilight, the fields evergreen. The head is lowered, and the pursuit of writing continues.

At the end of this piece, I feel satisfied. I did not stop and question where it was going, unlike the other ones. I think that’s the power of writing from the heart in your sanctuary- thoughts just come and words just flow. Inspiration can come from anywhere, but the materialisation of any work of art can only happen in a few select places carefully chosen by the artist. I am sure fellow writers can identify with.

-Ananditha Matthews, B. A. II PPP



FIRST THOUGHT UNLOCKED

Above all else, guard your heart, for everything you do flows from it

-Proverbs 4:23

DO you know how humans get thoughts? When we look deep into it, we get the answer - “GOD”. It is He who created everything. In the beginning, the earth was empty and formless. From that emptiness, God, through His word gave birth to the whole creation; this was God’s will and thought. He then created man from the dust into His own likeness and gave him the authority to govern it. This is how man came into existence. Now every man has his own thoughts. They are an integral part of every human. We can’t imagine a man without thoughts.

Thoughts and Actions are interlinked. Because what we think is what we are. Our ‘mind’ is the base of our life. If a lamp is lit in a house, its light spreads all over the place. Similarly, if your mind is healthy, your whole body is healthy. Our thoughts can be wicked and pure depending on what we feed on more. It can make us and even destroy us.

We also see a lot of destruction and crime around us, the root cause for this is man’s thoughts. Every good or bad deed first sprouts out as thoughts in our minds. Today, people are stressed because of the constant worries of the world, with uncertainty because there is hopelessness. But today, God is our hope because whoever hopes in Him will never be ashamed. To have the right thoughts, we need to surrender our burdens and ourselves to Him because He is our Maker and alone can help us. The one who thinks before he speaks is a wise man. Training our minds with His guidance is very essential. Don’t worry because He cares for you.

Ultimately, we all must leave this earth. So why don’t we, from now on, fix our minds on the things above (heaven). When your thoughts are correct, your actions will definitely be right as well.

Let us all encourage thoughts that enrich others’ lives. Why shouldn’t we be a blessing? ‘What you sow, so you reap’, do good, and you will receive a great reward for more than what you have done. If you wish to see a change in the world, you first need to change your mind, finally “*Commit to the Lord whatever you do, and He will establish your plans*” (Proverbs 16:3).

-R. Bridget Felicia, B.Sc. I MECS



Working my way up to cloud Nine: My Thoughts on Last Year and My Progress

WHY is it that lately, the simple question asking me how I'm doing was the hardest to answer? Why is it that I immediately started contemplating if my answer was acceptable enough? Will they have walked away if I broke down and said that I was too exhausted to continue? If yes, should I still have told them? Called out for help? Was it all worth it? Or should I have just stuffed it all back in, shut up and "kept moving forward"?

You know, I never imagined I'd see myself where I am right now. It's been hard, terribly. The road to come where I am now? It wasn't an easy drive, trust me. There were moments when I was done. I had given up. I started questioning the possibilities and opportunities I had. I'd often say, 'is it all worth it?'.

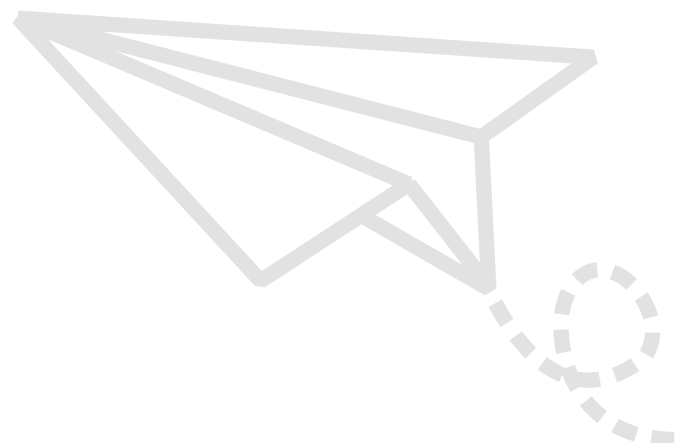
But I'm proud. I'm proud of where I am. Yes, it has been a difficult period, but I've also had some beautiful moments and made some great memories. I met some of the best people who made a great impact in a short period. I kept going, and I got better. I'm in a good place now (and trust me, it took me a long time to accept that). I know I'm loved and accepted for who I am as a person. I know I'm not judged for the way I look or for the decisions I have made or will possibly make.

I'm not saying I've peaked, no, but I am definitely in a safer, better and happier mental space. I have friends who are good people, genuine and kind. People who make every day genuinely better and, I can't be grateful enough for them

I haven't peaked, but I am making my way up to Cloud 9. That's still progress, right?

So, trust me, it gets better and, if you ever need anything, I'm here, always. Even if we haven't spoken once in my 18 years on this earth, I'm here for you. Just know that.

-Madhumalika Bharani, B. A. I MLP



IS INNER INSTINCT A CHEMICAL INSTINCT?

A random thought ran across my mind when I witnessed an incident in a hospital. That scenario probably helped me realize that our inner instinct is perhaps chemical.

A person was sitting in front of me in the hospital. Another person who was walking by his side kicked his leg very badly. Immediately, the seated one lost his patience and started shouting and scolding terribly. The second person apologized, revealing he had very poor vision, almost blind, so he had come to the hospital. Instantly the first person expressed regret, got up from his place, gave his seat, and stood by his side to attend if any further help was needed. I was really astonished to see exactly the converse behaviour in the first person. Suppose he shouted out of pain in his leg. In that case, it is still persisting irrespective of the other person's situation. But why there is a drastic change? In our routine, we come across many instances happening around us. Did we ever analyze the instances happening with us?

A chemical reaction is a process in which the reactants are transformed into products. If we are the reactants, how we interact with the situation transforms us into the desired product. The mind is everything. How we think, how we realize, is the way we become.

The mechanism through which the chemical reaction occurs is pointed as the pathway. So are we on the right pathway to undergo transformation? As for how a sphygmomanometer is a way to check blood pressure, a pulse oximeter is a way to check the amount of oxygen carried in the body, and is there a way to check whether we are on the right reaction path? Yes, some torchbearers inspire us to work towards our goal. They are the pioneers whose pathway can be taken as a check where we are on the point scale of progress.

A catalyst is an important factor that creates a new path for the reactants to alter into products. Similarly, the biographies of Great Saints act as catalysts and revolutionize our path. They originate a new luminous path through which we can remodel ourselves.

Proper orientation of the reactants also plays a significant role in forming products. So how can we be aligned with the correct direction? An appropriate feed of the brain regularly can bring out the correct alignment towards the situations. Let us scrutinize and introspect thoroughly in cultivating our minds.

The ultimate goal of a chemical reaction is to attain stability. Likewise, our purpose in life is "to love" and "to be loved".

Let us enjoy our path and goal every moment. Let our life be a gracious example of an amazing chemical instinct always nurturing a lively inner instinct.

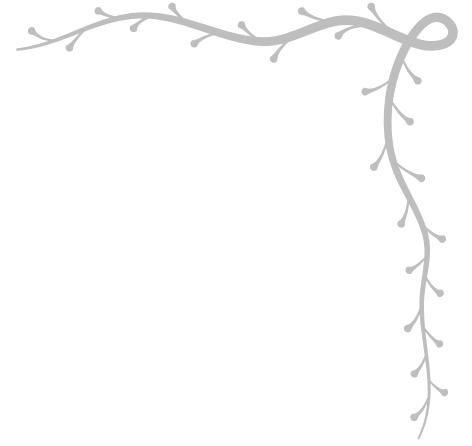
-Dr. B. Uma Rani
Assistant Professor
Department of Chemistry

POEMS

No regrets

And we were gone
Far bygone
Waiting for none
Weeping for none
Letting ourselves
Living ourselves
Living a life
With no regrets

-Syeda Sara, B. A. II MLS



Comfort Space

She looks through the glass windows watching
the rain pouring,
While she grabs her favourite book which
everybody else has claimed to be 'boring'.
She can feel the bliss in her heart,
As she turns the pages to reach the most
treasured part.
She smells the familiar scented pages of warmth
which feel like an embrace,
She smiles to herself, sinking back to her
comfort space.

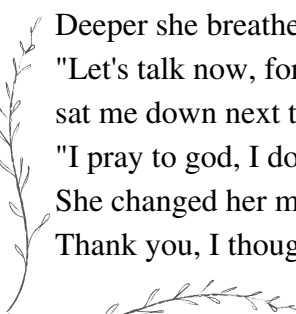
-Neethika, B. A. II MLS



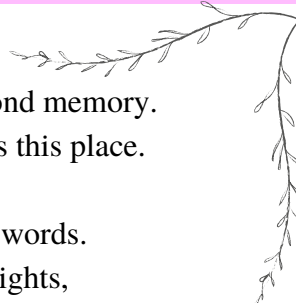
I LOST A POEM

Sombre yet serene, I remember feeling,
When Agony ought to have come through.
Feeling like emptiness, I presumed,
Agony must be crying too.
Death is cruel, and afterlife is worse
A deeper wound, although was
they could not live their two-piece verse.
I begged and pleaded the moon,
The crescent that mourned my loss.
I begged and pleaded the moon,
Because I told her all, to tell me why.
"Why must I crumble and fall?
Why must you mourn those not real?"
"End it, please," I said but "Let it stay" right after.
I freed a laugh before I cried,
Ah! a lovely ordeal.
Sombre yet serene, I remember feeling,
The lament that turned my lullaby
And I dreamed of the dead, whispering:
"love, one last goodbye."
Ah, dreamland, my wondrous place!
Lost myself with every turn but never ceased being
home.
Ah, dreamland, I apologise. I trapped you in a grave.
Yet, thank you for being through my rant and my rave.
Dream it was, a dream indeed,
I saw a dead walking towards me.
A sight for sore eyes!
With a forgiving smile spread across.
She touched my face with her hands so soft.
Helpless, I let it engulf me- her grace and her eyes too,
As I recognised my queen dressed in blue.
My head ran a hundred questions, but silence triumphed.
"Where were you when I needed you?
Where were the words I wanted?
Your story needs to be told,
It renders the world enchanted
How could you leave me speechless,
And betray me with perfection?
Lend me your words, I implore you,
The world will be enchanted, I promise."

The silence had a voice; it carried my questions
Willingly, she answered:
"Promise, remember?
You gave me your word.
Our conversations stay between us,
Nothing can break it, a spell nor a curse.
Our promise stronger than the bond of lovers.
Our promise untouched by time,
Our promise of loyalty and trust,
That I be only yours as you are only mine."
Vow so pure unbreakable,
Vow that cannot be taught
Vow that left me incapable
And, no, I regret it not.
She faded with a smile,
as the silence carried me again
"I'll keep it a secret, our story.
It won't leave this place.
It won't leave our eyes,
or the string connecting you and I."
Darkness shifted to bright, when
His laughs echoed in the sky.
A gentle breeze passed through,
Taking me to his numb Daffodil fields.
We laughed and played there,
Free from all, safe and never self-aware.
Daffodils that were once white and yellow,
Diminished to a dull hue, yet this little fellow,
Blissful through his ignorance, dared a giggle.
Time had passed; his innocence didn't,
The child in joy rode his tricycle in circles
around me, mocking my inability,
"I won't let you catch me."
He pedalled farther and farther away,
Draining momentarily my dismay.
Stopped, he gestured me to pursue,
His cheeks barely held his amazement,
"Beautiful! A butterfly just flew."
In the habit of mine, I placed my hand on his head
Felt unlike his head, I looked and found
My hand on his shoulder instead.
The little boy grew.
He spoke words that proved,
Innocence now his second quality.



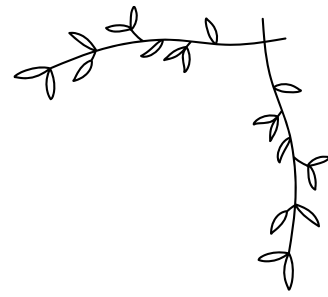
"I want to leave." He said.
"I have a quest, a priority.
These daffodils, you see," he tells me,
"Kept me company when you couldn't
They told me tales that surround the earth
Locking me in their petals, they sang me a bedtime story."
His new voice suited him, husky and still in the making.
"Heroes they were, heroes indeed.
Free-spirited, powerful and clean. I have a dream," he looked at me.
"I have a dream to chase. Will you let me go?" he asked me
"I want to leave my childhood home."
Taken aback and selfish I was for a moment,
My wises held the banner prudent.
Laughed like the passed kid at fate,
"Oh! A game well played." I applauded,
Who would tell the kid I had for him the same destiny laid?
The only difference, he designed his own map
And rejected mine while he napped.
The hero you could be, if only you gave me a chance,
A hero would you be, when I had you in a trance?
Yes, free-spirited a hero is, and free-spirited I wish you be.
I wish you remember your childhood home also your daffodil field.
He disappeared, the very second, and left where he stood,
the only living daffodil of my dream,
"Farewell," I murmured, "a soon hero-to-be."
Weird my dreamland is and weird my dreamland was.
Two people left me alone and the last one in line to leave.
Her crane stronger than her slender legs beating against the ground,
Her luggage in tow,
"Direct me kindly, young lady", she said,
"I heard there's finally a way out."
"I like the weather," she breathed.
"I like this weather."
Leading her on to an unknown exit,
She narrated morals of greed and forfeit.
"How long before we reach?" Sounding tired
She dropped her luggage with a hint of dire.
"Do you know the way?" she asked.
I shook my head twice in response
Had I known this way out
Would I not have closed it with all I've got?
Deeper she breathed and longer she sighed
"Let's talk now, for a while."
sat me down next to the lonely daffodil
"I pray to god, I don't leave here till the end."
She changed her mind, I thought.
Thank you, I thought.



But who is she? Her face was beyond memory.
"How precious! How very precious this place.
I saw kingdoms rise and fall,
I saw kings and queens draw rare swords.
The shining armour that led her knights,
To a battle that witnessed a true love's kiss.
This was the place you first met, the boy on his tricycle,
cheering like happiness is eternal.
And that villain, that poor soul with no one to rely on.
You caressed him with the sea and told him.
"No tears, you're here with me."
That was the first he had a genuine smile,
And perhaps last ever before he died of ignorance that was
kind.
"How precious! How very precious this place,
Holding days of my past and glories of our time.
This is the place I first met you,
You were but a girl seeking wisdom of an old.
You were but a child, still new to the world,
Yet crowded this place with scenes untold.
It still has pages folded and unturned.
You forgot who I am, didn't you?
Never visited me in years.
Glad to see you tall and strong,
Just like I had taught you."
Staring at her through the extent of her speech,
The boxed memories now washed ashore.
She was my friend through thick and thin,
The Pioneer, of my mental home.
"Grieving, aren't you? Your face says it.
What did you lose, darling?"
What she asked not who
In a dream, and it's just us two.
I pondered on her question
It was worth the time.
Prolonged thought uncovered the answer.
What I lost weren't people but creations of my lone time.
"What did you lose, darling?"
"I lost a poem I answered"
All I needed was that epiphany; I resumed thinking long,
and a little more longer.
Sombre yet serene, the dream broke to dawn,
Unharmd, I was there, like the puppet I was born,
Though I lost a poem, I was again my brain's pawn.

-R. Sai Ananditha,
B. A. II MLS

Bound to You

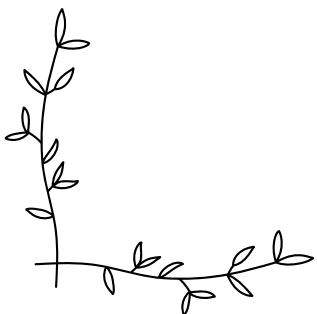


When the moon got all ready to call it a day,
As the stars kept dancing in the twilight.
Even the sun was all set to shoot his first ray,
While the birds sang as they set off on a long flight.
Far across the high hills and the deep waters,
In an enchanted forest all cold and damp,
Wandered an unknown daughter.
Still in her nightgown holding a dead lamp,
Eyes glittering with curiosity,
Lips spread wide into a mesmerised smile,
Thick, long hair free and flying making her look messy
yet pretty.
Bare feet all bruised from walking for a while,
Lost in the woods, yet wishing not to be found.
Taking steps forward while shedding her past behind,
All she ever wanted was not to be bound.
Warm yet wild, she was absolutely one of a kind,
Walking on the fallen leaves,
Feeling the autumn breeze.
Freezing cold sneaking in through her velvet sleeves,
She walks deep into the forest, following the chatters of
the buzzing bees.
As she kept exploring the whole new world, she walked
into,
A sudden gush of wind stopped her from moving any
forward.
That's when she felt a frisson of excitement and fear,

It was a feeling that she never knew.
She wanted to describe what it was but couldn't find an
appropriate word.
A huge tree in the corner rustled for a while, and there
he was.
He wore a pair of ink blue stretch pants and nothing else.
He carried an aura of power and danger. He seemed to
have no flaws.
His amber-gold eyes, all dark and cold showed,
He neither longed for heavens nor feared the hells.
He kept walking towards her and stopped at a distance,
She kept staring at him, and he stared back.
Her instincts said that this handsome yet dangerous man
already knew all of her existence

A chill ran down her spine as he intensely stared at her-
like a hungry predator who had just got his hands on a
lovely snack.
She stood grounded, utterly surprised by the unexpected
encounter
Fear consumed every bit of her sanity
Her wild heart kept drumming out of her chest
with an unknown want of being captured by this dark
hunter
She realized she was destined to be bounded,
and this bond will surely take her to the peaks of
insanity.

-Shreya Korrapati, B. A. II EPSM



BYGONES

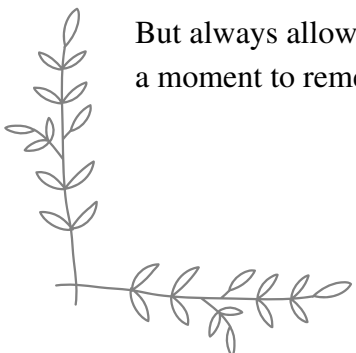
The bygones still hurt.
The apprehensive thoughts are beyond the limits,
But there's no way to quit.
All they said was to live in pain until it healed ,
Yet it barely concealed.
All the confessions were lies,
All the promises were fake.
The heart deserved more than a mere heartbreak,
It was a task to accept the reality.
To now face the real brutality,
It seemed too uncomplicated .
Till it became more convoluted,
Yet another scenario which whirls in my mind,
Yet another dawn left undefined.

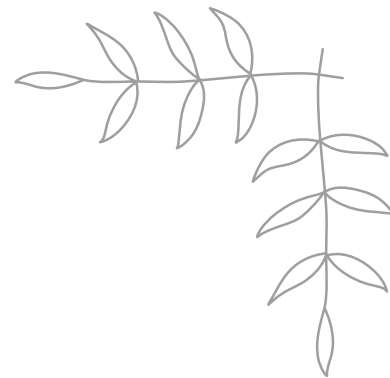
-Mehvish Sarwath, B. A. II EPSM

A MOMENT

Take a moment,
Allow yourself to remember
what happened to you.
Let it out,
Let it consume you.
Allow yourself to feel,
Feel the immense wave
of grief wash over you.
Drown in it for a moment,
Feel the sob in your chest,
The pain roll down your cheeks,
The ache of memories,
Then calm yourself.
Breathe.
Take comfort in all that you have,
But always allow yourself,
a moment to remember.

-Mehvish Sarwath, B. A. II EPSM





MISERY

But you're grieving yourself to death.
Yours is a grief that can't be quenched.
How will you ever satisfy it?
It will kill you! Tell me, why
do you love misery so much?

-Mehvish Sarwath, B. A. II EPSM

IMPLICIT THOUGHTS

What kind of a society are we living in?
Where justice is just another word in the dictionary
Where following your passion is discouraged
Where people are judged by their looks
Where beauty has a book of rules
Where love is not blind, it is divided by religion and gender
Where freedom of speech is only in the social textbooks
Where women are worshipped, yet they are constantly degraded
Where feminism is just a buzzword
When will we be able to see a change in this society?
A change into a humble world filled with love and peace
Where equality is paramount
Where dreams are moulded into reality
Where thoughts are not restrained because of the stereotypes
Where freedom of speech is a reality
And a lot more positive changes
It will be a blessing to live in such a world!



-Shana Mary George, B. Com. II IB



CHANGE AND PROMISE

I was never interested in science,
at least not until I met you.
"North and south attract" it says!
I believed in it only
after our miraculous meet.

We were good to each other,
From endless talks to
our cheeky, little giggles.

Unlike all the bickering friendships,
ours was something different.
in a way, you wanted it to be
in a way- I adjusted for you!
Maybe you're not so comfortable
being that clingy, bickering buddy-
like shown on Instagram stories.
but I never complained;
though I'm sick of wanting more!

I said I was okay! But,
Lying isn't better than silence!
Sure, they were many
misunderstandings,
but your possessive and timid pal
is so used to letting go,
You'll see that I'm sorry,
even for the faults that
I never intended to make.

Our relation works so feeble that,
sometimes I feel zero for myself.
But reminiscing our beautiful amity,
I just forget all the haunting,
Insecurities that I possess about our
Friendship, in a matter of seconds.
Only you hold that power, dear!

My only request for you is
say you remember me,
at least as a 'just friend';
and will not let our bond fall from
saying a million "heys" to
unseen/just read messages.

-D. Divya Teja, B. Com. I IB

COURAGE

You're very loud to hear,
But when it comes to show,
You are nowhere.

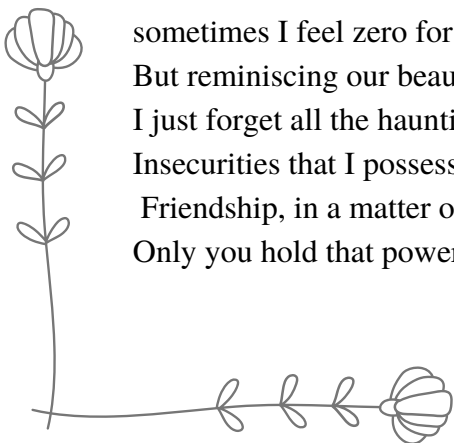
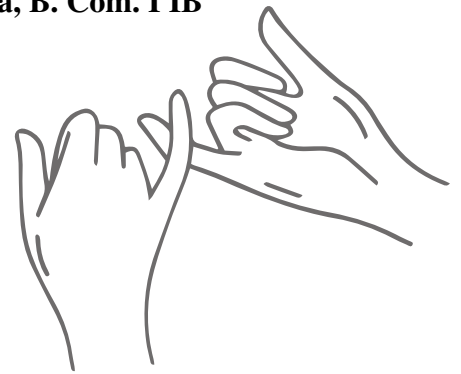
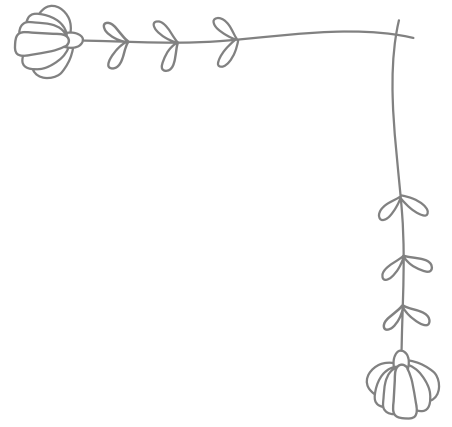
You are the one who can make it,
You are the one who is worth it
You are the one who can be a happier,
You are the one that I want.
But you are nowhere.

Do you know who you are?

I know how to find you,
I know how to catch you,
I know how to play with you on fire,
But you are nowhere.

You're very loud to hear,
But when it comes to show,
You are nowhere.

-Mahvin, B. Sc. I MECS





DEDICATED TO HER

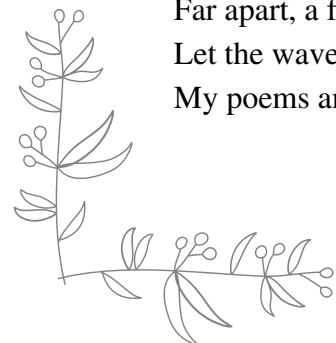
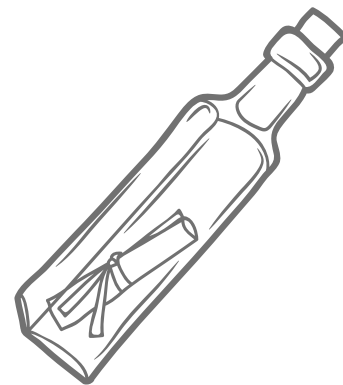
They call her dark,
They call her fat.
Nugatory is the other word she has been given,
Unattractive is yet another word used.
Are shaped eyebrows, sharp nose, lean body
the new standards one has to meet?
Is a girl only attractive when it's decided by a guy?
"You're beautiful," says mum,
yet another girl who, at some point in time
would've gone through the same.
Isn't beauty something that comes from within?
How long do I have to wait to see the day when a woman
is not judged by her looks?
How long do I have to wait for people to accept themselves
for who they are,
And not depend on what others say?
How long do I have to wait for people to know that
Flawed can be accepted and that
Imperfect is the new perfect.
How long do I have to wait to not see a girl feeling insecure?
How long do I have to wait for her to realise that
She's beautiful and that makeup is only some powder while the
real beauty resides inside her?

-K. Manasa Rao, B. Com. II IPP

LETTER FROM A BOTTLE

I'm flowing with the time.
A river of thoughts to call mine.
And I end up coming back
Every now and then,
With letters in glass bottles
Hoping somebody would read them.
Far apart, a friend to find,
Let the waves bring you,
My poems and peace of mind.

-Sana Naaz, B. Sc. III F BC.CA.C



DESTROYERS

We were destroyers at heart,
Maybe that was the only way we've
found to have fun;
Looking and lying right through
each other's eyes

Oh! we knew that we had to swim
in the hurt and,
The blood was the only float to
reach out to the surface,
But we chose to swim anyway.

Even the universe didn't care to
find us a way out ,
It let your hand slip by my thigh
and let our shoulders brush,
We called it hanging out.

Why do we cross the lines only to
fall into toxicity?
We try so hard taping together
fistful of sand,
hoping it'd stay together, even after
knowing it is sand.

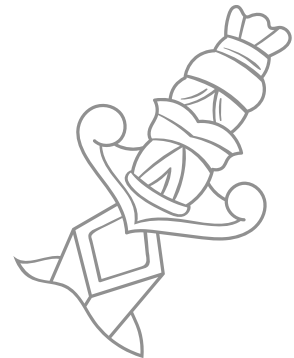
How is it that love held the higher
ground,
When I took the risk of getting
hurt,
And chose to leave me all alone,
After tripping, I don't like love
anymore .

I knew it the second we were
happy for that long, well,
Somewhere along the way, we
forgot to look over the pile of
remains,
Trying to carve something
beautiful

Unseen wars have we fought,
invading minds and hearts,
You've scratched my insides,
I clinged your head tight
Who knew hands, lips and hips
were the best friends

All we ever knew was destruction,
even in the kindest way,
We've grinned, holding knives and
then hugged each other,
After all, we really were destroyers
at heart.

-V. Komalika, B. Com. I IPP



EXPECTATIONS

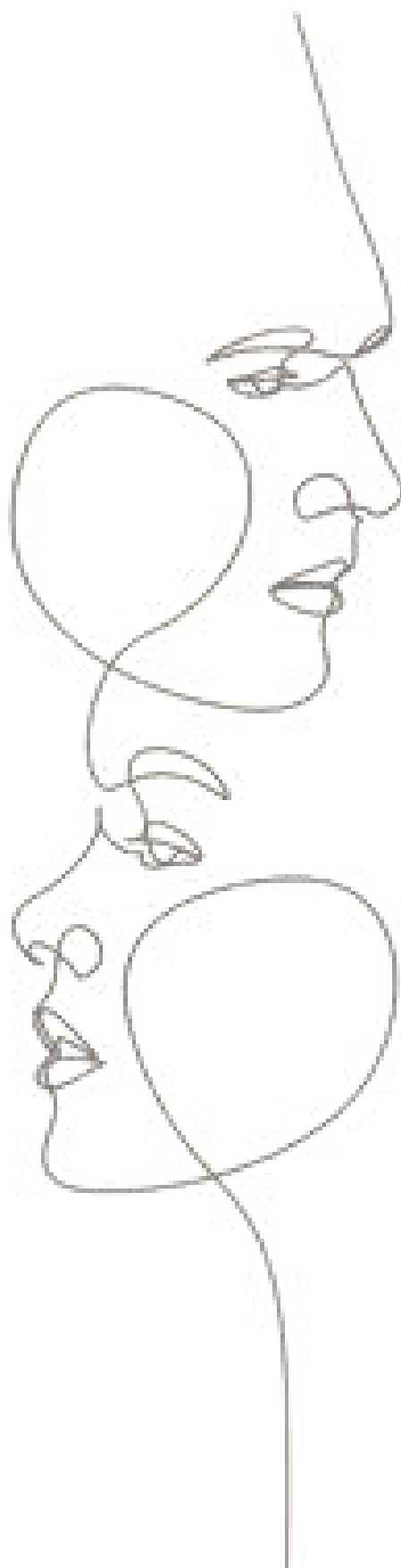
Collecting my thoughts,
I searched the way to wander
I joined SFC with St.Francis's ideas to ponder,
As I looked at the gate,
I started to contemplate my fate.
I thought it would be good.
As I pass through my adulthood,
I enter the college.
Contemplating how I can gain knowledge.
People spending time with friends,
Hoping that they would follow the trends.
The thoughts of happiness, expectations
Takes away my frustration.
The garden, the rock point, the quadrangle-
Gives me a positive angle.
The moment I stepped into SFC,
I opened the lock of my brain with the key.

-Venkatesan Sai Taruni, B.A. I EPP

NO NAME

Life threw in some situations
Which broke our trust into pieces.
People have become selfish, or have I?
Have I spoken too much, or is it empathy?
Did I step guilty, or was it just a misunderstanding?
Can you forgive me, or it's just the whole way?
My ears have begged, my eyes have watered.
But still, it comes back to square one.
Let's clear the stage and exit in different directions.

-Loveleena Kalyani, B. A. II MLS



I ENVY THE SKY FOR HOW MUCH I LOVE HER



Head thrown backwards, defocused eyes,
my favourite kind of jewels shined for me,
I envy the sky for how much I love her,
twinkle twinkle little star, I manifested a superpower,

My breath- a smoke signal,
the beats of my heart- sirens,
I stretched my hand out, all I reached was air,
She was still so far and beautiful,
Her attention is a unicorn, I'm not quite sure it's real, but I dream it,
So I filled the earth with blinding jewels,
It's my fault Van Gogh painted the starry street and not the starry night.
Cold and distant, our relationship was a blurry sight,
twinkle twinkle little star, I manifested a superpower,

I dug ores, turned the soil's guts inside out,
Songs were sung, potions were brewed,
On those days, the sound of Helio's laughter eclipsed his chariot's
My metals projectiled into her spitting backfire,
They bought back pictures I adored of her, and I looked closer,
Distaste painted on her face, at least she isn't indifferent, I assume,
We are no sworn nemesis, I can't compare,
Twinkle twinkle little star, I manifested a superpower,



Songs were sung, potions were brewed
Under the mockery of laughter,
I do it all out of burning passion for any reaction if not love,
anything that would make me relevant,
And I fall asleep to her warming cold indifference,
Until it freezes me and I make metals spit fire back again.

-Shreya Dammannagari, B. Sc. III BC.C.CA



I EVOLVE

I'm evolving
Today to tomorrow
From yesterday.
From the person
I used to be,
To the person
I want to be.
Just as the generations
Pass by the ages,
Leaving a trace of
Their life for
The future to come.



-Sana Naaz , B.Sc. III F BC.CA.C

IT'S ME

I wanna party hard,
But my soul just wants some peace. I wanna cry aloud,
But my soul just wants to wait, I wanna be best,
But my soul just wants me
I wanna be famous,
But my soul just wants to be truthful. I wanna take revenge,
But my soul just wants to forgive. I wanna be rich,
But my soul just wants secured life.



-Jayti Hiten Tanna, B. A. I MLS

RISE TO HEIGHTS

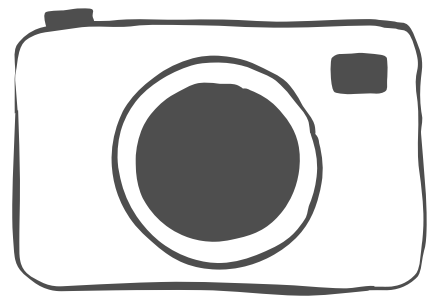
Its high time now you have to rise,
Without the slightest fright.
To show them this dreadful sight,
Where the world is no more wise.
Giving pain which cannot be minimised,
Everyone ready to criticise.
World full of hellhounds ,
Ready to expose the deadly sounds.
No justice is to be given,
Their heads to be shaven.
Her punishment is to be burned ,
Is that what you have learned?

-Aprajita Sheoran, B. A. I PLP

NOSTALGIA

I cling to past,I stick to it,
And, maybe...Maybe, in this century, I really do not fit.
I have boxes under my bed with letters from my crushes,
I keep them as safe as I keep my paint brushes.
I pen down my fantasies in a diary as if someone would
miraculously come and make them real.
I know this is surreal...
I see old love notes and romance fiction, and my heart is
fluttered,
There are words inside me waiting to be uttered.
And when I tell someone that I become emotional seeing that
red rose candy I got when I barely knew the meaning of
valentines day,
You are always nostalgic, they usually say.
I tell them I'm only a girl with young eyes and vintage soul-
who sees beauty in what was once loved and cherished.
Because some memories are never perished.

-Nishu Agarwal, B. A. II EPP



INFINITY IN ONE

(Folklore)

Wandering through the streets of Bhopal,
Clearly when it's going to be a nightfall
My thoughts started to trip,
The 'Incredible India' without a skip!

Do I need a guide?
When it's my own country to ride,
And me clearly feeling the pride,
With my new interest or I say a desire!

Passing through the horizon of contradictions,
Which we already caught hold by our foes.
Believing in the strongest reliance of superstitions...
Which were once told even about our shadows

Welcoming every foreigner with a '**Namaste**'
as a mere consideration.
Athidhi Devo Bhava, so you have an open invitation;
While a few were enchanted as well as perplexed,
Oh, Yes! We know our country is a little complex.

Tales, legends, myths, arts, yoga and divinity, history
Who is the creator of all these is still a mystery!
Our diverse cultures, traditions and customs
Are embroidered with unity over the frustum.

I remember we slept to the melody of lullabies
Just so we can keep chasing all our fantasies,
Of the realities which were told
And the belief which we wanted to hold.

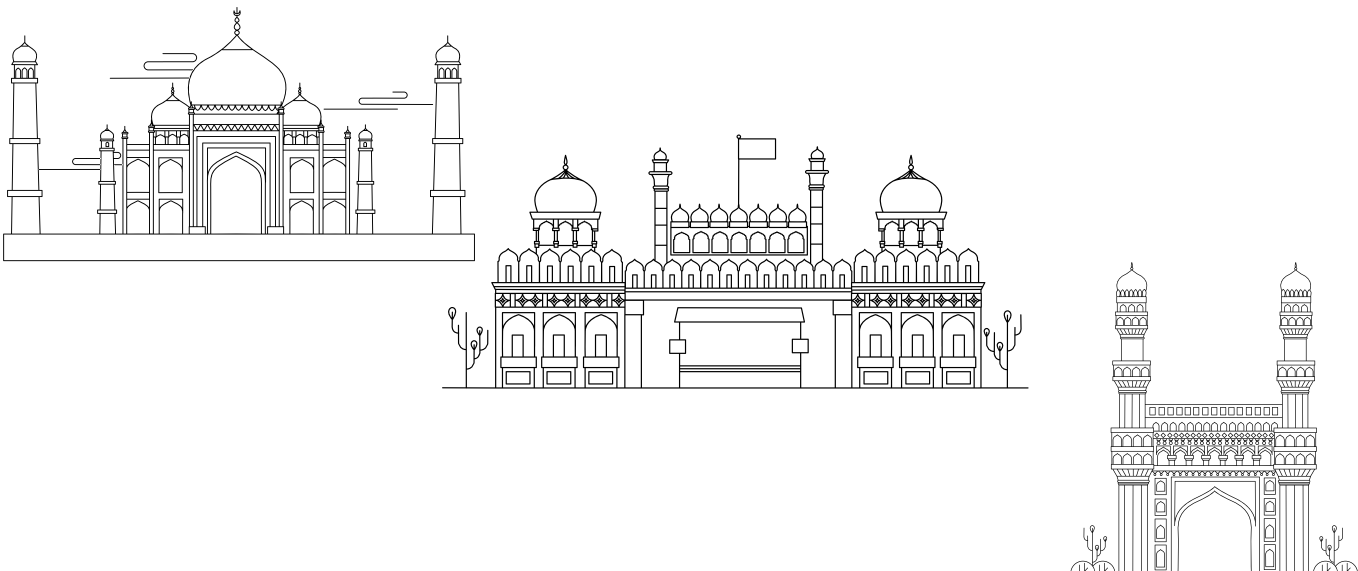
I wonder if days were enough to acknowledge India's
diversity!
But sorry! I'm afraid, truly you need an eternity
To explore every local taste, culture or myths with mentions.
Imploring to know the subtlest meaning of our destinations.

'Cause I know my country is a living phoenix
Which cannot be written in any of the epics,
Keen interest in it with an open mindness
Can make you know the taste of kindness.

From the Vedic civilizations to the Modern Indian visions,
From the Mauryan period to Independence and prisons;
We were always one in a million
Residing under the strongest pavilion.....

Hindu or Muslim and Sikh or Christian,
We are all the children of the same nation!
And this is where my thoughts came to a conclusion-
With India as an 'Infinity in One' nation.

-D.Divya Teja, B.Com. I IB



SHE

The weather's pretty
Just as her mind,
Cloudy now, rainy later.
The sky, a vessel
Like her heart,
Holds it all within.
With a combination
Of pure and pious,
She appreciates her
cracks and thunders,
Astonishing eyes,
And lips that speak,
Some of her might
Some of her plight.

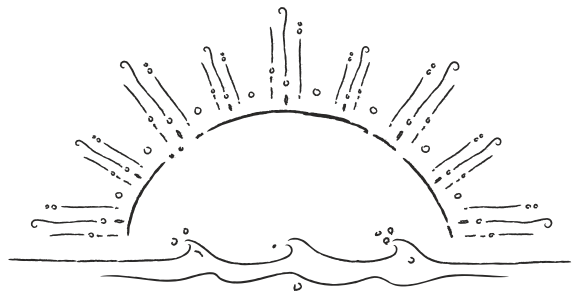
- Sana Naaz, B. Sc. III F BC.CA.C



JUSTICE A SETTING SUN

Appearing to be a flowing stream,
Which is yet to be regime.
Giving equal opportunities,
In disguise of calamities.
Isn't it so lame,
Making it a game?
Giving them the biggest hope,
Without the slightest scope.
Making a sunset before it rise,
And they think it's so wise.
They say about being just,
But all they can do is unjust.
Running after fame,
What a shame.
They tell us not to be biased,
But they are the ones who tie us.
Claiming to spread awareness of justice.
All they spread is injustice.

- Aprajita Sheoran, B. A. I PLP



REMEMBER I SEE

I see humans, but where's the humanity
I see women, but where's the equality
I see love, but full of apathy
I see people living, seeking tranquillity
I see the poor, the rich,
Every nook and corner which has been bewitched

I see lies disguised as truth-
Brainwashed, is this our future youth?
I see the prevalence of right over wrong,
Oh, wait! Let me open my eyes,
Alas! a dream it was.
Wrong again prevailed over cause,
I see life being unfair,
power being given to the heir,
I see worshipping,
I see begging.

But I see no difference is what's terrifying.
One day a world where I love, what I see,
Will be the world worth living with thee....

- Hansa Pandey, B. A. I MLS



YOU AND I

We breathe the same air
But have different views.
We smell the same mist
But with different clues .
We are made of sand
But of different colours.
We deserve to be simple
But that's how we lose a smile
Running behind Complex miles.

- Sana Naaz, B. Sc. III F BC.CA.C



WRONG TREE

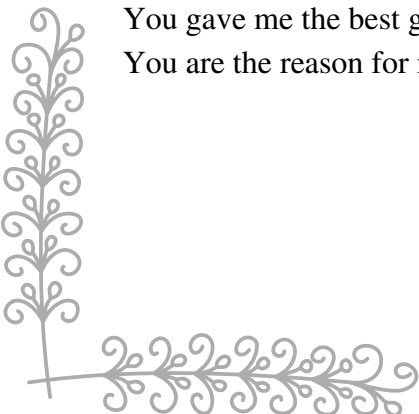
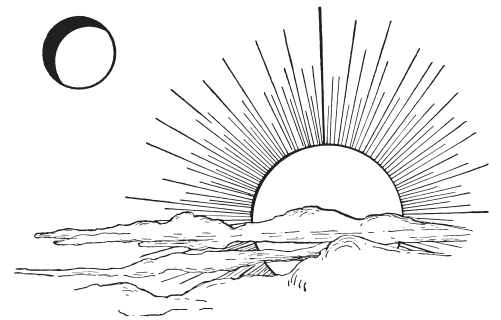
First, with butterflies in your stomach, you bark up the wrong tree
And then, with all your anxiety and insecurities, you just can't let yourself free
You leave the ones who have been there through thick and thin
Deep down, you know, this is no less than a sin
One day, you are on the cloud nine
The other day, you realise it would have been so much better if you just drew a line.
Now, you think, why did you wait for him to make a clear breast of it
You could have just moved out of the net you were about to knit
In leaps and bounds, you got on like a house on fire
But that was not it. Now, you gotta distinguish between what you deserve and what you desire
Girl, you want tips and advices?
Believe me, there are none.
Just Get back to square one.

-Nishu Agarwal, B. A. II EPP

SUN TO MY MOON'

For me to rise you, my beloved have to set,
You burn to make me shine.
Wish we could rise together and light this world altogether,
My heart aches for you, my beloved.
As you rise alone and burn all alone,
For me, I have these infinite stars to keep me company.
But you, my precious cascade, your brightness on this world all alone,
Even when we meet you keep me up front to give all you shine.
I wait for our union, my beloved every time I rise,
You know, my precious all I do is babble about you.
Because without you I hold no value.
You gave me the best gift of light that I shine through night ,
You are the reason for my light, my precious, my knight.

- Aprajita Sheoran, B. A. I PLP



SHIDDAT

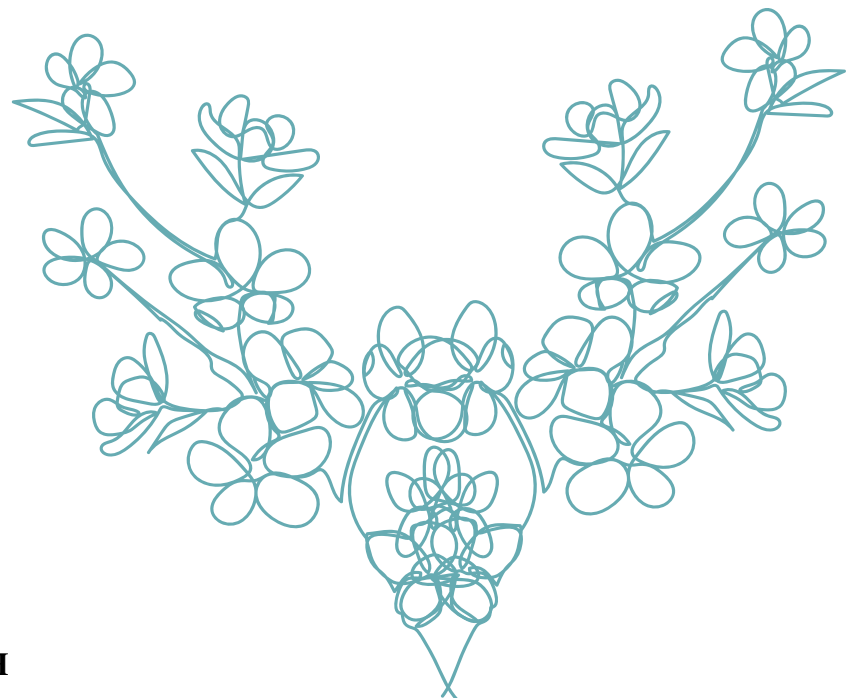
With aching soul and a gentle smile
Lost amidst my own fears and fantasies
Waiting to be found
I wipe the dust off the bookshelf
Books written by different authors
Fiction and factual
I know how every story and character
Is similar and yet different
I pick a book
Reading it for the tenth time
Turning pages with the same fervour
I deceive my heart
Of not knowing what transpires next
I recall there's a "happy ending."
I still sob
Because what worth will happiness be
If zest of dismay isn't felt?



-Nishu Agarwal, B. A. II EPP

THE LOCKDOWN SAGA

We live now in such troubling times,
Where fear and doubt rear their heads.
Where person to person contact is forbidden,
And our sanity is hanging by a thread.
What is this pandemic that spreads like wildfire?
Leaving panic and havoc in its wake.
This tiny virus that brought the world to its knees,
Making doctors worry and governments quake.
You know the mantra: Stay home, Stay safe!
Wash your hands and wear a mask,
Stop complaining, try something new,
Social distancing is our only task.
Extraordinary is this virus that made us realize,
The importance of what really matters in life.
That fame and money mean nothing at all,
And how little we actually need to survive.



- G. Sai Priya, B. Com. II H

WHAT IF I'M NOT?

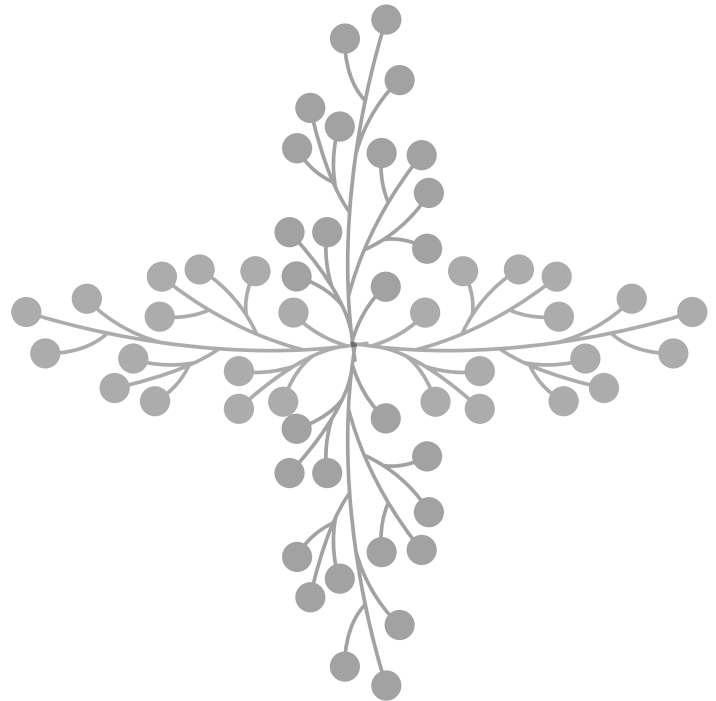
What if I'm not as beautiful
As you thought I were,
What if I'm not as delicate?
As you deemed me to be,
What if I'm not as fragile?
As you hoped, I was,
What if I refuse to sit back and want to take the lead?
Would you look at me the same,
When you find out about the wrongs, I did?
Would you feel the same,
When I tell you how I could have but?
Failed to avoid a few of my scars,
Would you like me any less?
If I asked you to love me with my flaws included,
Ask you to disregard my past mistakes,
Ask you to look me in the eye, and
Promise me your trust and genuinity?
Would it be too much to ask? Tell me.

- Praneetha, B. A. I MLP

FLYING WINGS

The flying wings of yours,
Were never a problem for you,
But have become the problem of people.
Flashing a light in a heart of yours,
Just to find the darker spot.
Keeping your confidence aside,
They have their ego upside.
Appreciating the beauty of ocean is fine,
But when comes to you, they undermine.
Your hard work is unknown.
Until your pride speaks for known,
Shuts their jealousy in time.
To become crystal clear like the heart of mine.

- Loveleena Kalyani, B. A. II MLS



I KNOW THE STARS SHINE

The stars, I know they shine but
That's not what I want, not that spark and glow.
The stars, I know they are
Sought and desired by everyone but
That's not what I want, a no to that yearning

The stars, I know they are pleasing to the eye, but that's not what
I want, being the beautiful one.
The same stars, so far away they stay,
Far away from everyone's reach and hold,
Far away from unasked judgements,
Useless ridicules, unsettling assumptions, and unnecessary labels

The same stars, so far away they are,
A needed escape if you ask me.
So free it must feel and maybe lonely too, at times.

But you have the moon accompanying it,
Shining in each other's lights
Showing way to the space
Such grace and beauty they project yet within no ones reach and
hold.

But what does it feel like?
To feel that freeing feel yet
Be consumed by loneliness,
Drowning in darkness with no light but your own

But those very stars,
They offer comfort like no other
The sky they reside in consoles me
And that's something I want
To be able to comfort me and
Be comfortable enough to talk to

And those very stars,
The unspoken understanding they hold
Now that's something I want
To be able to understand me and
Be understanding enough for others

These same stars pull you in
Through their gentleness
Now that's again something I want
To be gentle and not unkind towards myself and
To be able to extend the same kindness to others

It's not about their
Capabilities or abilities or greatness
It's about what they can make others feel
That's the real beauty that I'm looking at,
Which I yearn for all the time.

They seem so tiny but
Can extend whatever unworried help they can
Till the damn Earth.
It's so enchanting and enthralling,
The things these dainty shining cuties do.

- Praneetha, B. A. I MLP

CARVING SAND

A carving in sand,
Gets washed away, they say,
A carving in rock,
Is permanent, they say,
It's forever, they say—
Reality is harsh, torturous, they say,
And it had been so, until—
The 28th night of September,
Do you remember?
Since then, I've never wanted to sleep,
Never wanted to escape reality,
Never wanted to escape into a dream,
Because reality felt better.
So, what if I want to carve sand?
Just because it's temporary,
Just because I get to do it,
Again, and again;
Just because if I tell the sand,
That I love you,
I get to say it over and over,
I get to smile at it over and over,
Because you it feels like something permanent—
That I could rewrite forever.

- Snehankita Das, B. Sc. I F BT.BC.C

I'LL BE YOUR SUNLIGHT

I'll be your sunlight,
And be a ray of light for you.

Please be my moonlight,
To get me through the dark and hard nights.

I'll be your getaway from pain, temporarily,
While you are there for me to confide in for comfort but not always, okay?

Would you be just as you are but change as well, slowly?
Would you not judge but let me know whenever I'm wrong?

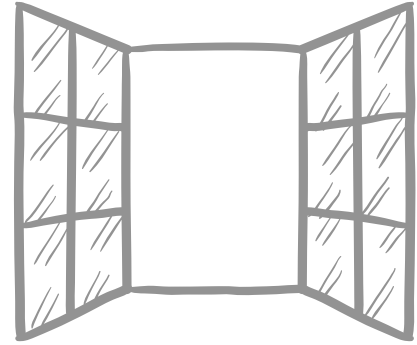
I like how our understanding transcends love, hate and misinterpretations.

Let's leave what we have between us behind and
Just be content with however and whatever we are, shall we?
And also reflect each other's light, is that cool?

-Praneetha, B. A. I MLP

AN OPEN WINDOW

The window is the most peaceful corner in the house,
as the fresh rays of the sun distort the darkness and I arouse.
However the weather is pleasant, harsh or bright,
through the window into my silence the breeze glides.
It's passage is as melodious as the chimes,
but the chirpings of the flying heavens are prime.
It fills my confined space with energy and life,
as through it the blessings of the almighty arrive.
In various ways the God pays his visit,
in the form of temple bells and the azaan for which the window
gets the credit.
Through the window I sense the nature's pleasance,
Unlike human life, it is an epitome of serenity and elegance.
Like the free birds, the cool breeze, the bright sun and the
soothing moon can we not be?,
Can we not open our windows of restrictions and aspire to be
what we want to be?



-Rachna Kapur, B. A. I MLP

HAZY LINES

In colours of my own,
In shades of my past,
In vibes of myself,
In cubes of my many selves.

I am what I would allow me to be, and
Not what you turn me into,

I am what I wish to be and,
Not what you deceive my senses to feel.

I won't be your puppet dancing to your strings,
But will be flying free with my wings.

I won't be your second option or last resort,
But will be my own first priority and last thwart.

I won't let you escort me to my doom,
But would escalate myself to my bloom.

I don't want to let you in so deep ,
So I don't fall that deep.

I don't want you breaking in through my walls,
So imma throw you out before I shatter. Again.



- Praneetha, B. A. I MLP



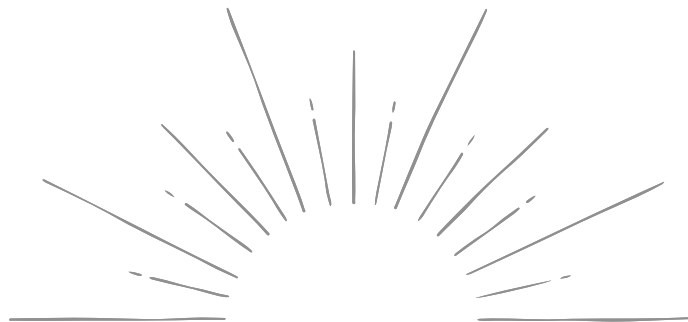
हिन्दी



वो दिन भी क्या दिन थे

हम सब इंसानों का जीवन एक तरह से देखा जाए तो काफी चीज़ों में एक जैसा ही होता है। हम पैदा होते हैं, बोलना सीखते हैं, चलना सीखते हैं और तीन साल की उमर से पाठशाला में दाखिले होते हैं। बाल विहार के तीन साल तो हँसते-खेलते, अक्षर सीखते, लिखना सीखते कट जाते हैं। फिर शुरू होता है हमारा असली सीखना। हम पहली कक्षा में आते और वहाँ से दस साल का सफर कैसे कटता है पता ही नहीं चलता। लेकिन इन सब में ताजुब की बात यह है कि जब हम स्कूल में होते हैं, तब हमें लगता है कि यार हम बड़े कब होंगे, यह होमवर्क कब खत्म होगा और ऐसी सारी चीज़ों से हमें छुटकारा कब मिलेगा जो हमें पसंद नहीं है। पर जब वो दस साल खत्म हो जाते हैं तब लगता है कि वक्त कितनी जल्दी बीत गया है। स्कूल के वक्त, हम बच्चों को एक चीज़ का बेसब्री से इंतज़ार होता था- छुट्टियाँ, चाहे वो गर्मी की छुट्टियाँ हो, दिवाली की या किसी और अवसर की। उन दिनों में हम कितनी मस्ती, कितना धमाल करते थे। पूरा दिन बिना खाए-पीए और बिना विराम के खेल-कूद करते रहते हैं। हम खेलके घर आते, थके-हारे, पसीने में भीगे हुए, स्नान करके, खा के सो जाते और फिर अगले दिन उठकर, तैयार हो कर फिर खेलने भागते। ऐसी होती थी हमारी छुट्टियाँ। वो क्षण, वो लम्हे, वो मस्ती, जब भी याद करते हैं, हम उदास हो जाते हैं कि वो दिन कितने जल्दी बीत गए, और खुश भी होते हैं कि वो दिन भी क्या दिन थे। बचपन में सुबह जब जल्दी उठना पड़ता था, स्कूल जाने के लिए, मुझे गुस्सा आता था कि क्यों जाना है, कब स्कूल से बाहर आएँगे ताकि यह सब करना ना पड़े, लेकिन जब आखिरकार निकल गए तब पता चला कि वो दिन भी क्या सुहाने दिन थे और लगता है कि हमेशा स्कूल में ही रह जाते तो कितना अच्छा होता। मैं तो यह कहूँगी कि भले हमें लगे कि स्कूल ऐसा था, वैसा था, लेकिन हम जब जीवन में उन दिनों को याद करते हैं तो वो दिन सबसे अच्छे लगते हैं। वो दोस्त, वो मस्ती, वो दिन, वापस नहीं आएँगे दोबारा, इसिलिए हमें हर पल आनंद और उत्साह से जीना चाहिए।

-Ratna Shalini, B. A. II MLP



इंद्रधनुष जैसे रंगीन

इंद्रधनुष जैसे रंगीन,
फूल जैसे कोमल,
हर विपत्ति को सहकर हीरा बनने का उसमें है बल,
हमारी हर समस्या का उसके पास है हल,
जिसके बिना हम नहीं रह सकते एक पल।
जी हाँ, माँ का कर रही हूँ मैं वर्णन,
अक्षर भी कम पड़ जायेंगे करने में उसका चित्रण,
चूँकि कि ऐसे अद्भुत गुणों का है उसमें मिश्रण।
कोमल, मेहनती, सहनशील आदि है उसमें गुण,
अच्छे सस् संस्कारों और मर्त्यों से अपने बच्चे को करती है वह निपूर्ण।
अटूट प्रेम करती और कभी डांट लगाती,
किंतु निरंतर सही राह है बताती।
बच्चों को जगाती, खाना है बनाती,
छोटे से छोटा कार्य कर सम्पूर्ण घर को वह है संभालती।
अस्वस्थ होने पर भी वह नहीं करती है आराम,
बिना किसी भी विराम, वह पूरे जीवन करती है काम,
यह बात नहीं है आम,
ऐसी माताओं को हमारा सलाम।
अतः माता के बिना हमारा कोई अस्तित्व नहीं होता,
हर बच्चा हमेशा के लिए सो रहा होता,
जन्म की अमूल्य देन से हमारा जीवन निराला है होता,
माता के बिना हमारे कोई अस्तित्व नहीं होता
माता के बिना हमारा कोई अस्तित्व नहीं होता।

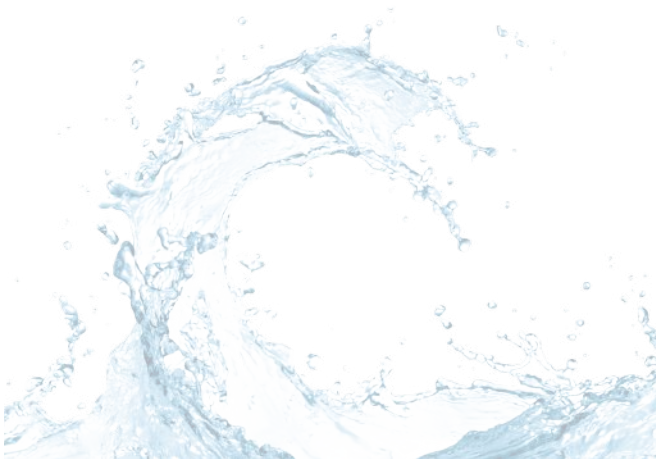
-Mahek, B. A. II PPP



हमारी वर्षा

ये पत्तियाँ हैं हरी-भरी
ये बादल हैं मचलते हुए
ये हवाएँ हैं कुड़कुड़ी-सी
ये पानी हैं टिप-टिपा-सा
ये लाइटें बुझी हुई
ये उम्मीदें जगी हुई
ये लकड़ियों की नमी
ये पेड़ों की बेशर्मी
ये गीली-सी चाय
ये तीखी-सी बातें
ये चटपटी अदायें
ये मीठी मुस्कुराहट
ये घास का हिलना
ये चिड़ियों का उड़ना
ये आज्ञान का बुलावा
ये मंदिर का घंटा
ये मिट्टी की खुशबू
ये खुशबुओं का खेलना
ये इंसान के रंग
ये रंगों का बोलना
ये जूते का छप-छपाना
ये छाते का झड़-झड़ाना
आ गयी है हमारी वर्षा।

-Hansa Pandey, B. A. I MLS



बहाने

कहा है हमसे बहुत ने
बहाने मत ढूँढना तुम
कहीं उनकी परछाई में
वजह असली न हो जाए गुम।
हाँ, मानती हूँ मैं ये सारी बातें
मगर मानना होगा तुम्हें भी
कि जैसे भी हो ज़िन्दगी के हालात
है कुछ जिसके लिए बहानों की न कभी कमी होनी चाहिए।
जवाब है तो काफी आसान
बस यूँ समझ लो, होंठों पे है ये तुम्हारी।
तो कर लो खुद पे ये एहसान
ढूँढ़कर लो हँसी के बहाने, जो है इतनी प्यारी।

-Spurti Sharma, B. Sc. I BCMBC



क्या कभी जागे हैं आप?

कहते हैं यह शहर कभी सोते नहीं है
पर क्या ये शहर कभी जागे है?
क्या कभी चाय की चुस्की
मंदिर के घंटे को बजाने की खुशी
अगरबत्ती की खुशबू
का मज़ा लिया है आपने?
क्या कभी जागे हैं आप?
क्या कभी गले लगाने का
या 'मैं हूँ' सुनने या बोलने का
सुख पाया है आपने
क्या कभी सोने का सुख
और जागने के दुख
को पहचाना हैं आपने?

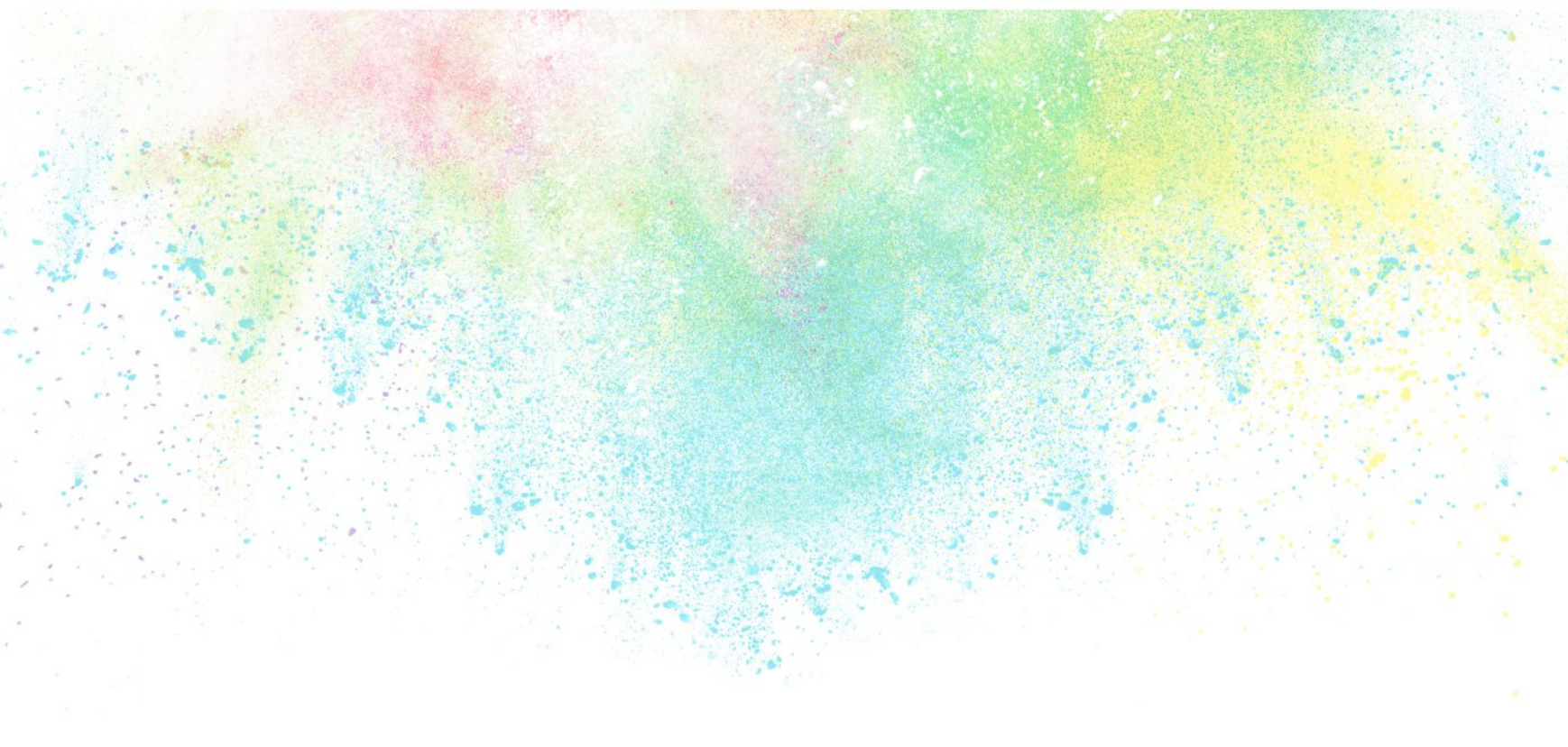
क्या कभी जागे हैं आप?
क्या कभी खर्च करने का सुख
या कभी पैसे बचाने का,
तसल्ली पायी है आपने?
क्या कभी तारीफ़ सुनने का
या तारीफ़ करने का सुख पाया है आपने?
क्या कभी जागे हैं आप?
क्या इस ज़िंदगी के अंधकार में
उजाला ढूँढने कि कोशिश की है आपने?
अगर नहीं तो,
जग जाइए
सिर्फ़ सोने से काम नहीं चलेगा...

-Hansa Pandey, B. A. I MLS





తెలుగు



తెలుగు పరిమళాలు

" కడలి అంచులు దాటి కదిలింది తెలుగు
ఎదల లోతులు మీటి ఎగసింది తెలుగు
అటు అమెరికా నుండి ఇటు మలేషియ వరకు
పలు దెసల గొంతుకల మ్రోగింది తెలుగు "

- డా సి . నారాయణ రెడ్డి

ఎనిమిది కోట్ల మంది మాట్లాడే భాష..వేల ఏళ్ళ ఘన చరిత్రగల భాష..ప్రపంచంలోనే ఎక్కువ అక్షరమాల కలిగిన భాష...
అదే మన తెలుగు భాష. జన్మభూమి తర్వాత మనలను అలరించి , అభిమానింప జేసే మాతృభాష మనకు జన్మతః సంక్రమిస్తుంది .
మన అనుబంధాలు పెంచి , విజ్ఞానాన్ని అందించే మాతృభాష ను అంతరించిపోకుండా పరిరక్షించుకోవడం మనందరి బాధ్యత .

భారతదేశం లోని అత్యంత ప్రాచీన భాషలలో ఇదొకటి . వివిధ సాహిత్య ప్రక్రియలతో అలరారుతున్న మన తెలుగు
భాషలో ప్రావీణ్యం సంపాదించడం తప్పనిసరి . అప్పుడే మనం మన తెలుగు భాషా సంస్కృతులను ప్రజలకు
విస్తృతంగా ప్రచారం చేయవచ్చు .

తెలుగు సాహిత్య ప్రక్రియలలో పద్యం ఒకటి . ఎందరో శతక కవులు జీవన రీతులను చాటి నీతులను ప్రవచించారు. జినవల్లభుడు
వేయించిన శిలాశాసనం ఈ పద్యరచనకు ఆధారభూతం . ఇది కరీంనగర్ జిల్లా కురియాల గ్రామం వద్ద లభించింది .

" పద్యం అన్నది వేయేండ్ల పసిడి పంట
పద్యం అన్నది తెలుగింటి పాడి పంట "

ఎంతో విశిష్టత కల్గిన పద్యం తెలుగు వాడి సొంతం . అందుకే తెలుగు పద్యం రాని తెలుగు వారు ఉండరు.

తెలుగు ఇంత గొప్ప భాష అని ప్రశంసింపబడుటకు మొదటి కారణం - తెలుగు అజంత భాష . ప్రతి మాటకు చివర
ఒక అచ్చు ఉంటుంది . అందువలన ప్రతి పదము వినటానికి మధురంగా ఉంటుంది . ఈ ప్రత్యేకత ఏ స్వదేశీ భాషకు
లేదు . ఇక రెండవది ఏ భాష పదమైన పాలలో పంచదార కలసిపోయినట్లు కలసిపోతుంది . మూడవ ప్రత్యేకత-
మనం ఏ అక్షరాలు పలుకుతామో అవే రాస్తాం . ఏవి రాస్తామో అవే పలుకుతాం . ఈ ప్రత్యేకత భారత దేశం లోని
ఒక్క సంస్కృతం , తెలుగు భాషలకే ఉంది . అందువలనే వేదాలు సరియైన స్వరం తో చదివే సామర్థ్యం తెలుగు
మాతృభాషగా కలవారికే దక్కుతుంది . ఇతర భాషలు మాట్లాడేవారెవరు తెలుగు వారు వేదాలు చదివినట్లుగా
చదవలేరు . ఇక నాలుగో విషయం సంగీతానికి , సాహిత్యానికి సంబంధించినది . వాగ్గేయకారుడైన త్యాగరాజు
ఆరాధానోత్సవాలు దక్షిణ భారత దేశం అంతటా జరుగుతాయి . సంగీత త్రిమూర్తులలో ఒకరైన త్యాగరాజు తెలుగులో
రాసిన గేయాలు , రాగాలు సంగీత మూలాలు గా నిలిచాయి.

తెలుగులో తొలి కవియైన పాల్కుర్కి సోమన బసవ పురాణంతో పాటు మరెన్నో గ్రంథాలు రాసి చరిత్రలో నిలిచారు . ఇక ఐదవ
విషయం అష్టావధానాలకు సంబంధించినది . అష్టావధానాలు సంస్కృత భాషలో తెలుగు భాషలో మాత్రమే ఉన్నా , తెలుగు భాష
అష్టావధానాలకు ఎంతో అనుకూలమైనది . శాస్త్రము , కళలు సమంగా కలసిన గొప్ప సాహిత్య ప్రక్రియ అష్టావధానం . తిరుపతి వెంకట
కవులు , కొప్పవరపు కవులు మరెందరో అష్టావధానాలను పండించారు .

వెయ్యి మైళ్ళు నడకయినా ఒక్క అడుగుతోనే ప్రారంభమవుతుంది . 1965 లో అధికార భాష తెలుగు అనే చట్టం వచ్చింది . 14 భాషలు అనర్గళంగా మాట్లాడ గలిగిన బహుభాషావేత్త , తెలుగు జాతి గర్వించదగిన మహనీయుడు , మాజీ భారత ప్రధాని పి. వి నరసింహ రావు గారి అధ్యక్షతన 14 మే 1967 లో అధికార భాష సంఘం ఏర్పడింది . ప్రభుత్వ కార్యకాలాపాలలో మాతృభాష అమలుచేయడం వలన సామాన్య ప్రజలు విషయాన్ని అర్థంచేసుకోగలరు;అవినీతి కి తావు ఉండదు .

తెలుగు భాషకు సేవ చేసిన విదేశీయులలో సి.పి.బ్రౌన్ ముఖ్యుడు. అనేక తాళపత్ర గ్రంథాలను సేకరించి , వాటికి శుద్ధప్రతులు రాయించారు. అంతే గాక ఏనుగుల వీరస్వామయ్య గారి సహాయంతో 1827 లో వేమన పద్యాలు సేకరించి , ముద్రించారు .

విదేశీయులచే మన భాష ' ఇటాలియన్ ఆఫ్ ద ఈస్ట్ ' అని కీర్తించబడింది . మన భాషను రక్షించుకోవటానికి పెద్దలు చేయవలసినది స్వల్పమే . పిల్లలకు శతకాలలోని నీతిపద్యాలు నేర్పించాలి . ఇంట్లో ఇతర భాష పదాలు లేకుండా కేవలం తెలుగు భాషనే మాట్లాడాలి . పిల్లలకు ఉపకరించే కథల పుస్తకాలు మరియు గ్రంథాలు , మహాపురుషుల జీవిత చరిత్రలను మన మాతృభాషయైన తెలుగు లోనే అందించాలి .

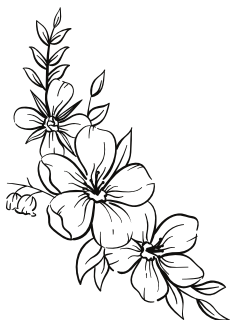


భాషలేకుండా సంస్కృతి లేదు . సంస్కృతి లేకుండా ఏ జాతికి గుర్తింపు లేదు . గుర్తింపు లేని జాతిలో జన్మించిన వారిని ప్రపంచం లెక్క చేయదు . కనుక మన సంస్కృతి అంతా, మన మాతృభాష అయిన తెలుగు పై ఆధారపడి ఉన్నది . అందువలన మన భాషను చక్కగా నేర్చుకొని మాట్లాడుతూ ఇతర భాషలు నేర్చుకుందాం . ఇంట గెలిచి రచ్చగెలుద్దాం . తెలుగు దేశ భాషల్లోనే కాదు . ప్రపంచ భాషల్లోనూ లెస్సే .

" సింహగర్జనమ్ము చిరుత వేగమదియు
మదపుటేన్గు నడక మన తెలుంగు
జింకపిల్లవేయు చిందులే మన తెల్లు
తేనెలూరు తేట తెలుగుభాష

సన్నజాజి పూలు సంపెంగ మాలలు
మల్లెపూల వాన మన తెలుంగు
మన తెలుంగు జాడ మందార పూదోట
తేనెలూరు తేట తెలుగు భాష "

ఇన్ని ప్రత్యేకతలు కలిగిన మన తెలుగు భాష పై మరిన్ని పరిశోధనలు జరగాలి . తెలుగు వారందరూ ప్రతి ఏటా ఒకసారి సమావేశమై భాష ను ఆధునికీకరించుకుంటే భాషాభివృద్ధి కి మార్గం సుగమం అవుతుంది. ప్రాచీన భాష హోదా కలిగిన మన తెలుగు భాష వికాసానికి మనందరం పాటుపడితే , తప్పక మన భాషకు స్వర్ణయుగం వస్తుంది .



- T. Sindhuja Reddy
B. A. II EPSM

యువతా మేలుకో ! వివేకానందుని పిలుపు అందుకో !!

స్వామి వివేకానంద 1863 జనవరి 12వ తేదీన జన్మించారు. ఆ రోజున ప్రతీ సంవత్సరం 'జాతీయ యువజన దినోత్సవం' జరుపుకుంటాము. చదువు లేకపోవడమే అన్ని సమస్యలకు మూలకారణం. సమాజంలోని అన్ని వర్గాలకు విద్యను విస్తరింప చేయాలని స్వామీజీ అన్నారు.

దేశం యొక్క పునరుజ్జీవనం దేశంలోనివనించే యువతపై ఆధారపడి ఉంటుంది. భారతీయ యువతపై ఆయనకు అపారమైన విశ్వాసం ఉందని, అంకితభావంతో కూడిన వెయ్యిమంది యువతీ, యువకులు దేశాన్ని విప్లవాత్మకంగా మార్చగలరని అన్నారు. యువత భగవద్గీతలోని విలువలను బాగా అర్థం చేసుకొని నిరుపేదలకు, అణగారిన వర్గాలకు సహాయం చేసేందుకు ముందుకు రావాలి అన్నారు.

"జాతి యొక్క భవిష్యత్తు ప్రజల స్థితిపై ఆధారపడి ఉంటుంది" అని స్వామిజీ అభిప్రాయ పడేవారు. ప్రజల అభ్యున్నతి కోసం, కృషి చేయడానికి ఇదే ప్రధాన కారణం. విద్యమాత్రమే మన దేశసంక్షోభానికి సమాధానం, కేవలం పుస్తకాల విద్య లేదా రొట్టె-విజేత విద్య మాత్రమే కాదు, పాత్ర యొక్క విద్య, శక్తి యొక్క విద్య, స్వావలంబన విద్యయే "నిజమైన విద్య".

దేశపు నరుద్ధరణకు ఆధ్యాత్మికతయే పునాది. విద్య మనల్ని ఆధ్యాత్మికత వైపు నడిపించే గొప్ప వారధిగా పనిచేస్తుంది. ప్రతి ఒక్కరూ ఈ నిజమైన విద్య ప్రతి ఒక్కరూ జ్ఞానోదయం పొందడంలో సహాయపడుతుంది. వ్యక్తిగత గుర్తింపు, 'వసుధైక కుటుంబం' యొక్క ఆదర్శాన్ని గౌరవించడంలో మనకు సహాయపడుతుంది కాబట్టి, ఆధ్యాత్మికత మరియు జీవనశైలికి మార్గం "విద్య" అనేది స్వామి వివేకానంద ద్వారా మనం తెలుసుకోవచ్చు.



జై హింద్!!!
జై భారత్!!!

- P. Sugandhini Reddy
B. A. I HPP

బాల్యం

కాలం సాగిపోయినా...

కలలను చేదించినా...

దాడి రాళ్ళను విడువలేము, దాగుడుమూతలు మరువలేము!

అష్టాచెమ్మా ఆటల్లో అదరగొట్టేపిడుగులం మనము...

కష్టాల కన్నీటి బాటల్లో తోడునీడగా నిలబడగలం మనము!!

వామన గుంటలలో చింతగింజలు...

వాన వరదలలో చినుకుల గంతులు!!

పచ్చని రంగులతో పైడి పంటలు...

చల్లని గాలులతో చిలకల పలుకులు!!

మరపురానివి మన చిన్ననాటి ప్రేమ తరంగాలు...

మధురమైనవి మన తీపి జ్ఞాపకాలు!!



-Gaddam Niharika
B. A. II HPP

రైతే రాజు !!

దేశానికి అన్నం పెట్టే రైతన్నా
నేడు ఆకలితో అలమటిస్తున్నాడు ;
కష్టించి పాడిపంటలను అందించే రైతన్న
నేడు అప్పులపాలై కష్టపడుతున్నాడు;

బంగారు చీర నేసేవాడికి బంగారం దక్కుతుందా?
చెప్పులు కుట్టేవాడికి చెప్పులు ఉంటాయా?
పుట్టనుకట్టే చీమకు పాలాభిషేకం దక్కుతుందా?
అన్నం పెట్టే రైతన్నకు ఆకలి తీరుతుందా?

కరెన్సీ నోటు కోసం కాదు తన తపన
ఆకలి కన్నీళ్ళను తుడువాలన్నది తన వేదన ;
తన కోసం కాదు తన ఆకాంక్ష
అందరి కడుపు నింపడంకోసం తన నిరీక్ష;

పంటకు తగిన ధర రాకపోయినా..
కాలం ఎప్పుడూ సవాళ్ళను విసిరినా..
ప్రభుత్వం పట్టించుకోకపోయినా..
అందరి ఆర్తనాదాలను తీర్చాలని..
నేల తల్లిని నమ్ముకొని శ్రమిస్తున్న
రైతన్న..ఎప్పుడూ..రాజే..!

రైతు లాక్ డౌన్ పాటిస్తే
లోకం కరోనా కంటే విషపూరితం అవుతుంది.
కాబట్టి
రైతును గౌరవిద్దాం
తనవెంటే నడుద్దాం
మేము ఉన్నాం అనే భరోసానిద్దాం.
జై కిసాన్..

- P. Sai Bhavana
B. A. II HPP

కర్ణాటకసంగీతం- కళాత్మకం

కర్ణాటక సంగీతం భారతీయ శాస్త్రీయ సంగీతంలో ఒక శైలి.మరొక శైలి హిందుస్తానీ సంగీతం అని చెప్పవచ్చు. హిందుస్తానీ సంగీతం ఉత్తర భారత దేశంలో బాగా ప్రాచుర్యాన్ని పొందింది. ఇక కర్ణాటక సంగీతం దక్షిణ భారత రాష్ట్రాల్లో బాగా ప్రాచుర్యాన్ని పొందింది.

ప్రకృతి లోని జంతువులు, పక్షుల స్వరాలను నిశిత పరిశీలన ద్వారా అనుకరించడం వల్ల స్వరాలు ఏర్పడ్డాయని భారతీయ సాహిత్యం తెలియజేస్తుంది. ముఖ్యంగా సామవేదం నుంచి సంగీతం ఉద్భవించిందని మనకి పెద్దలు చెబుతారు. అలాగే వీణా వాయిద్యానికి సంబంధించిన కొన్ని విషయాలు మనకి యజుర్వేదం లో కూడా ఉన్నాయి. రామాయణ భారతాల్లో శాస్త్రీయ సంగీతానికి సంబంధించిన ప్రస్తావనలు ఉన్నాయి.



యాజ్ఞవల్క్య స్మృతి లో కూడా ఈ విషయం గురించి చెప్పబడింది. తాళాల గురించి పరిజ్ఞానం కలిగిన వీణా వాదకుడు నిస్సందేహంగా మోక్ష మార్గాన్నిపొందుతాడు అనికూడా వివరించారు. దీనిని బట్టి కర్ణాటక సంగీతం ఎంత పురాతనమైనదో మనం అర్థం చేసుకోవచ్చు. ఇది వేదకాలం నుంచి ఉన్నటువంటి ఒక అద్భుతమైన సంగీత సాంప్రదాయం. అలాగే, నేటి కర్ణాటక సంగీతానికి స్వర, రాగ, తాళములే ఆధారములని ప్రాచీన తమిళ గ్రంథమైన "శిలప్పదిగారం" లో ఈ ప్రస్తావన కనిపిస్తుంది. భరతనాట్య శాస్త్రంలో కూడా ఇది వర్ణించబడినది. పూర్వ కాలంలో, రెండూ సంగీతాలు ఒక శైలిలోనే ఉండేవి. ఇస్లాం లేదా ముస్లిం పరిపాలన రావటం ద్వారా, హిందుస్తానీ సంగీతం లో పెర్షియన్, సూఫీ సంగీతాల ప్రభావం కనబడటం వల్ల, హిందుస్తానీ సంగీతం మరియు కర్ణాటక సంగీతం గా విభజించబడ్డాయి.

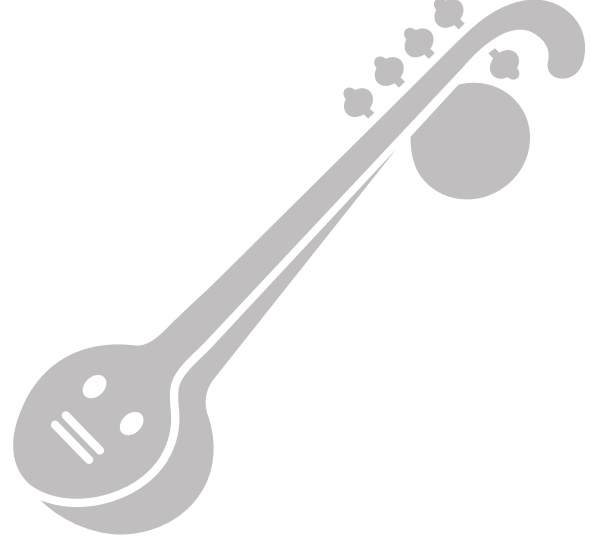
18 వ శతాబ్దం నుండి 21 వ శతాబ్దం వరకు , కర్ణాటక రాష్ట్రం నుంచి మైసూరు మహారాజులు మరియు కేరళ రాష్ట్రం నుంచి ట్రావెన్కోర్ మహారాజులు సంగీతాన్ని ఎంతో ఆదరించారు.

కర్ణాటక సంగీతానికి త్రిమూర్తులు ఉన్నారు. వీరు , శ్రీ ముత్తుస్వామి దీక్షితార్, శ్రీ త్యాగరాజస్వామి, శ్రీ శ్యామ శాస్త్రి గారు. వీరు ముగ్గురూ కూడా తిరువైయార్ లో పుట్టి పెరిగిన మహానుభావులు. అందులో, త్యాగరాజస్వామి గారు మన తెలుగాయన అవటం మనం చేసుకున్న పూర్వజన్మ సుకృతం.

మనం చెప్పుకుంటే 75 శాతం సంగీతంతెలుగు భాషలో ఉంది.ఇది మనం ఎంతో ఆనందించాల్సినవిషయం. శ్రీ కృష్ణ దేవరాయలు "దేశ భాషలందు తెలుగు లెస్స" అని చెప్పినట్టుగా, ఎందరో ఇతర భాషా కవులు వచ్చి, తెలుగు నేర్చుకొని రచనలను తెలుగు లో రాయటం జరిగింది.

కర్ణాటక సంగీతాన్ని ప్రపంచవ్యాప్తంగా ప్రాధాన్యత కల్పించిన వారిలో త్యాగరాజ స్వామి వారు ఒకరు. సంగీతంలో ముఖ్యంగా శృతి ఎంతో అవసరం. ఇది ఎంతో ప్రాముఖ్యాన్ని కలిగి ఉంటుంది. శృతి పూర్వకంగా స్వరం, స్వరం లో సప్త స్వరాలు (7 స్వరాలు). ఈ సప్త స్వరాలలోనే సంగీతం అంతా ఉంటుంది. ఇందులో, 72 మేళకర్త రాగాలు ఉంటాయి. 7 తాళాలు ఉంటాయి. అందులో ఎన్నో రకాలున్నాయి. వీటన్నిటితో స్వర, రాగ, తాళ విన్యాసాలతో, కర్ణాటక సంగీత కచేరీ జరుగుతుంది. అలాగే, కర్ణాటక సంగీతాన్ని మనో ధర్మ సంగీతంగా భావిస్తారు.అనగా మనసు నుండి పాడేది కానీ రాసుకొని పాడేది కాదు. ఇది ఎంతో గొప్ప విషయం.

మన ఈ కర్ణాటక సంగీతాన్ని మరింత ముందుకు తీసుకునివెళ్లేబాధ్యత యువతరం మీద కూడా ఉంది. ఇంత చక్కటి సాంప్రదాయ సంగీతం ఉండగా, తెలుగు భాష మర్చిపోయి, ఆంగ్ల పాటలు, ఇంకేదో భాష తో కూడిన పాటలను పిల్లలు కంఠస్థం చేస్తున్నారు. పిల్లలకు సంగీతంగురించి తెలిపే బాధ్యత తల్లిదండ్రులది. యువతరం కర్ణాటక సంగీతాన్ని నేర్చుకొని దీనివ్యాప్తికి ఇంకా కృషి చెయ్యాలని అందరం కోరుకుందాము.



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తీర్చలేని ఋణం - అమ్మ

అమ్మ గురించి ఎవరు ఎన్ని చెప్పినా , ఎంత వర్ణించినా తక్కువే . ఎందుకంటే బ్రహ్మ సృష్టించిన వాటిల్లో అమ్మను మించిన అపురూప అనుబంధం , ఆప్యాయత , ఆత్మీయత మరెక్కడా లేదు . అమ్మ ఎర్రని తన రక్తాన్ని తెల్లని పాలు గా మార్చి బిడ్డలను పెంచుతోంది . బహుశా అందుకేనేమో మన పూర్వీకులు కూడా " మాతృదేవోభవ పితృదేవోభవ .. " అంటూ అమ్మకే అగ్రతాంబూలం ఇచ్చారు . అయినా మాటలకు అందని అమ్మ గురించి ఎంత చెప్పినా తక్కువే . మనకి ఇంత చేసే మన మాతృమూర్తి ఋణం తీర్చుకునేది ఎలా ??

మనమే కాదు, ఆ బ్రహ్మ దిగివచ్చినా కూడా దీనికి సమాధానం చెప్పలేదు . ఎందుకంటే ఆ బ్రహ్మని కూడా సృష్టించింది ఒక అమ్మే కదా !! ఆమె ఆశ , ధ్యాస , కోరిక , ప్రేమ ,కోపం.. అన్నీ మన కోసమే . 'నేను' అని మరిచిపోయి నా బిడ్డలు , నా కుటుంబం అని ఆలోచించ గలిగే దైవ స్వరూపం అమ్మ . అమ్మ ను ప్రేమించి , గౌరవించని వాడు ఎంతటి ఆస్తి , అంతస్తు అనుభవిస్తున్నా సరే , నా దృష్టిలో కచ్చితంగా ఏమీ లేని ఒక బీద వాడే . అమ్మ - మన మనసులో , మన ఊహల్లో , మన ధ్యాసల్లో నిరంతరం మనతో ఉన్నప్పుడే మనం నిజమైన ధనవంతులం .

" మాతృమూర్తులందరికీ నా నమస్సుమాంజలి "



-B. Lasya Sai
B. A. II EPSM

మనసులోని మాట

సమాజాన్ని చదవమన్నది అమ్మ మాట
లోకాన్ని అర్థం చేసుకొమ్మన్నది నాన్న మాట
ప్రేమ తత్వాన్ని గ్రహించాలన్నది తాతయ్య మాట
అందరినీ సమభావంతో చూడమన్నది అమ్మమ్మ మాట
పుస్తక పఠనాభిలాషను పెంచమన్నది గురువుల మాట
తోటి వారందరికీ ఆదర్శం అవ్వాలన్నది ప్రాచార్యుల మాట
పది మందిలో తలెత్తుకొని నడవాలన్నది పెద్దమ్మ మాట
పదుగురిలో ప్రశంసలు పొందాలన్నది పెద్దనాన్న మాట
చిరకాలం స్ఫూర్తి గా ఉండాలన్నది చిన్నాన్న మాట
చింతలు లేక చిరకాలం బ్రతకాలన్నది చిన్నమ్మ మాట
జీవితమంతా సుఖ శాంతులు నిండాలన్నది స్నేహితుల మాట
ఇవన్నీ ఆచరిస్తే అవుతుంది బ్రతుకు పూల బాట



- G. Siva Manasa

B. Com. (A&F)

స్వేచ్ఛ

మనసు బాగుంటే చందమామ అందంగా కనిపిస్తుంది
లోలోపల దిగులు పేరుకుపోతే వెన్నెల సైతం భయపెడుతుంది
కాలం కలిసి రాకపోతే
కష్టాలు నీడలా వెంటాడుతాయి
ఆత్మ స్థైర్యం తో అడుగులు వేస్తే
అసలు తిరుగు లేదు నీ ప్రయాణానికి
గుండె వత్తిని ఎగదోసుకుంటూ
హృదయం లో స్వేచ్ఛను నింపుకొని
సరికొత్త వెలుగు లో పయనం సాగించు
ఆశాకిరణం తళుక్కుమంటూ
కర్తవ్యాన్ని బోధిస్తుంది



- G. Harini Yadav
B. Sc. ANBC II N

మనోగతం

అందరికీ నమస్కారం . నన్ను నా సహ ఉద్యోగిని, నాకు ఈ కళాశాలతో పెనవేసుకొన్న జ్ఞాపకాల గురించి రాయమని ప్రోత్సహించినప్పుడు రాస్తానని చెప్పాను. కాని ఎలా, ఎక్కడి నుండి మొదలుపెట్టాలో తెలియలేదు. అప్పుడు అనుకున్నాను నన్ను ఈ కళాశాలలో ఎక్కువగా ప్రభావితం చేసినవారు ఎవరో వారి గురించి తలుచుకుంటే, నన్ను నన్ను గా నిలబెట్టిన వారి పట్ల కృతజ్ఞత వ్యక్తపరిచినట్టుగా భావిస్తూ నా జ్ఞాపకాల దొంతర లో కొన్ని మీతో పంచుకుంటున్నాను. వారి అందరి సహకారంతో రోజులు ఇట్టే గడిచిపోయాయి. నేను వచ్చి 20 సంవత్సరాలు గడిచినా ఇంకా కొత్తగానే కనిపిస్తుంది మన కళాశాల. ప్రతి సంవత్సరం వచ్చే కొత్త విద్యార్థులతో, కొత్తగా చేరే అధ్యాపకులతో నిత్యనూతనంగా మన అందరి జీవితాలలో ఎన్నో మధురానుభూతులను నింపుతుంది.. ..నింపుతూనే ఇక ముందు ఉంటుంది.

మన కళాశాల ఒక చిన్న తరహా భారతదేశం ఎన్నో రాష్ట్రాల వ్యక్తులు మన మధ్య ఉన్నారు. భిన్నమైన స్వభావాల వారితో మనం రోజులో కొద్ది భాగం గడుపుతాము. వారు అందరు ఎంతో కొంత మన ఉన్నతికి తోడ్పడతారు. మంచి విషయాలు తెలుసుకుని అలా ఉండాలని ప్రయత్నం చేయవచ్చు , నచ్చని విషయాల నుండి అలా ఉండకూడదు , అని సరిదిద్దుకోవచ్చు. మనం ఎలా ఉండాలనుకోవాలో మనల్ని అలా తయారు చేసేది మన కళాశాల.

నేను మన కళాశాలలో 2002 లో వాణిజ్య విభాగంలో ఒక అధ్యాపకురాలిగా చేరాను. సరే, ముఖాముఖీలో నేను ఉత్తీర్ణత సాధించానని అప్పటి ఉప ప్రధానోపాధ్యాయురాలు Sr. Alphonsa Vattoly గారు తెలిపారు. నా ఆనందానికి అంతులేదనుకోండి. ఎప్పుడెప్పుడు ఉద్యోగంలోచేరుతానా అనిఎదురు చూసాను. చేరిన రోజు నుండి మన కళాశాల నాకు ఏదో ఒక కొత్త విషయం నేర్పుతూనే ఉంది.

మొదటగా నన్ను అప్పటి ప్రధానోపాధ్యాయురాలు Sr. Christene Rebello గారు ఎంతో ప్రభావితం చేసారు. ఆవిడ వ్యక్తిత్వం ఎంత ఉన్నతమైనదంటే, ఒకసారి నాకు ఒక ప్రమాదంలో కాలికి గాయం అయ్యింది. అదిచాల కాలం తగ్గకపోతే ఆవిడే మన కళాశాలలో ఉండే ఔషధ మొక్కల నుండి మందు తీసి నా కాలిని తన చేత్తో పట్టుకుని స్వయంగా రాసారు.

అంటే మనం ఎంత ఎదిగినా ఒదిగి ఉండాలనే విషయాన్నీ ఆవిడ తన ప్రవర్తన ద్వారా బహు చక్కగా చెప్పకనే చెప్పారు. ఎంతో ప్రేమమయి ఆవిడ .మనం ఏంటో మన ప్రవర్తన తెలుపుతుంది అంటే ఇదే కాబోలు. ప్రతి రోజు ఒక కొత్త రోజుగా ఒక కొత్త ఉత్సాహంతో పని చేసే వాళ్ళం . అప్పట్లో మేము ఏ పని చేసినా, అంటే పాఠాల విషయాలలో, విభాగం లో మాకన్నా ముందు ఉన్న వారితో (seniors) చర్చించేవాళ్ళం . ఏ పాఠ్యాంశాలు ఎలా బోధించాలి అని ఒక ప్రణాళిక వేసుకొని ఆ రకంగా నేను చెప్పిన పాఠాలు ఎప్పటికప్పుడు నా సహఉద్యోగిని అయిన పద్మజతో ముందుగా చెప్పాను. మా ప్రిన్సిపల్ అయిన Sr .Christene Rebello గారికి ఎవరో విద్యార్థులు కొన్ని పాఠాలు నేను బోధించలేదని చెబితే ఆవిడ వెంటనే నమ్మకుండా నా గురించి నా seniors నుండి వివరాలు సేకరించారు. అప్పటికే ఆ పాఠాలు తరగతి లో బోధించానని మా విభాగంలో తెలుసు కాబట్టి నా సహఉద్యోగి పద్మజ వెంటనే ప్రిన్సిపల్ గారికి వివరించారు .ఎంత గొప్ప విషయం కదా . ఆవిడ పక సంఘటన కు ప్రతిస్పందించిన విధానం నకు ఎంతో ఆనందం కలిగించింది . ఎంతో ఉన్నతమైన పరిపక్వత కలిగిన వ్యక్తి అని అనిపించింది . అంటే మనం ఏమి చేసినా విద్యార్థులకు ఉపయోగకరంగా ఉండాలి అనే ఒక నిబద్ధత . అదే విధంగా సంస్థలో పని చేసే వారి పట్ల సానుకూల దృక్పథం . అది ఈ కళాశాల యొక్క గొప్పతనం . సరే మరి నేను పైన వివరించిన సంఘటన నుంచి నేర్చుకున్న విషయం ఏమిటంటే మన గురించి ఎవరైనా చెడుగా చెప్తే వెంటనే దానిని నమ్మకుండా వాకబు చేసుకుని ప్రవర్తించాలని దాని అర్థం. అందుకే అప్పుడప్పుడు ఆనిపిస్తుంది ఎంతైనా అప్పటి కాలపు విలువలు వేరేనండి . వారి వ్యక్తిత్వమే వేరు. అంటే ఇప్పటి వారికీ లేదని కాదు .

ఏంటో ఎన్ని రోజులు గడిచినా , కొంత మందిని మరచిపోము . అలాంటి వారిలో తెలుగు HOD డా . విజయ గౌరీ గారు ఒకరు. నేను అప్పట్లో అంటే 2007 లో NSS PO గా కొత్తగా బాధ్యతలు డా . విజయ గౌరీ నుండి తీసుకున్నాను . కొత్తపని, ముందు వెనకా ఏది తెలియదు. ఎలా పని చేయాలా దేవుడా అనుకుంటున్నప్పుడు , ఆవిడే నాకు తనకి తెలిసిన విద్యను పూర్తిగా నాకు నేర్పారు. మాకు యూనివర్సిటీ వాళ్ళు ట్రైనింగు కూడా ఇవ్వలేదండి. అయినప్పటికీ నా బాధ్యతను సక్రమంగా , ఏ తొట్టుపాటు పడకుండా నిర్వహించానంటే అది ఆవిడ చలవే .మనకి తెలిసిన విద్యను ఇతరులతో పంచుకుంటే అది రెట్టింపు అవుతుంది . ఎంత నిస్వార్థ భావన కదండీ . ఎన్నో సంఘటనలు.....కొన్ని మంచివి ఆనందాన్ని కలిగించేవి , ఇంకొన్ని పరీక్షించేవి . మనల్ని పరీక్షించిన సంఘటనల గురించి ఆలోచిస్తే , అవన్నీ మనల్ని పరిపూర్ణ వ్యక్తులుగా తీర్చిదిద్దే అవకాశాలని నా గట్టి నమ్మకం. మన గురించి ఎవరెవరు ఎలా మాట్లాడినా మనం మన పని చేసుకుంటూ పోవాలి.

అలా మాట్లాడిన వాళ్ళే తరవాతి రోజుల్లో వారి తప్పు తెలుసుకుంటారు ,అనే సత్యాన్ని ఇక్కడికి వచ్చాకే తెలుసుకున్నాను .మానవ మాత్రులం కదండీ ఏవో భావాలు కలిగి ఉంటాము .ఎన్ని భావోద్వేగాలు మనలో ఉన్నా మనం స్థిత ప్రజ్ఞత తో ఉండాలి . మన కన్నీళ్లు పక్కవాళ్ళకి తెలియకూడదు అని నా స్నేహితురాలు Deepa ద్వారా తెలుసుకున్నాను .అంతే కదండీ సంతోషం అందరితో పంచుకో , బాధని ఎవరితోనూ పంచుకోకు అని చెప్తారు. ఇష్టమైతే మాట్లాడాలి కష్టంగా ఉంటే మౌనంగా ఉండాలి, అంతే కాని నోటికి వచ్చినట్టెల్లా వాగకూడదు అని మన కళాశాలనుండి తెలుసుకున్నాను.

ఒక్కొక్క రోజు జరిగే సంఘటనలను గమనించుకుంటూ ఎంతో జాగరూకతతో జీవితాలను సరిదిద్దుకోవాలని ఇక్కడ పని చేసినవారు, చేస్తూ ఉన్నవారు నాకు నేర్పుతూనే ఉన్నారు. పెద్దవాళ్ళే కాదు విద్యార్థులు కూడా ఎంతో నేర్పిస్తారు. ఏముందిలే మనం పెద్దవాళ్ళం వాళ్ళ నుండి నేర్చుకునేది ఏముంటుంది అనుకుంటాము ఒక్కొక్కసారి. కాని వారికి ఒక సలహా ఇచ్చేటప్పుడు మనం దానిని పాటించి కట్టుబడి ఉండాలి అని నా అభిప్రాయం. ఎందుకంటే పిల్లలు మనం చేసేది చూసి నేర్చుకుంటారు .

పై చెప్పినవన్నీ కేవలం నా అనుభవాలు మాత్రమే నండి . ఎవరిని నొప్పించే ఉద్దేశం లేదు. 20 సంవత్సరాలలో ఈ కాసిన్నే రాసానని అంటారేమో , అలా రాస్తూ ఉంటే ఒక పుస్తకం అవుతుంది. నాకు నా మాతృ భాష పై మక్కువతో రాయాలనిపించి రాసాను .ఇప్పటికీ ఇది చాలు. ఉండనా మరి.

- Ms. Hari Kalyani
Assistant Professor
Department of Commerce



FRANÇAIS



Comment je suis tombée amoureuse de la langue française

Comme j'étais tellement amoureuse de cette belle langue, j'ai décidé de continuer mes études en français même pendant les trois ans de ma licence. La façon, dans laquelle notre professeur nous a enseigné, a éveillé encore plus d'intérêt chez moi.

Bien que beaucoup de gens trouvent le français déroutant parce que chaque mot a un genre et qu'il existe de nombreuses règles dans la langue, j'ai pensé que c'était ce qui rendait le français plus spécial.

Même si le français ne fait pas partie de notre programme de dernière année, j'ai hâte de continuer mon voyage avec cette langue.

Un jour, je souhaite visiter la France et je veux que je sois capable de parler couramment le français avec les natifs.

-Shana Mary George, B. Com. II IB

Translation

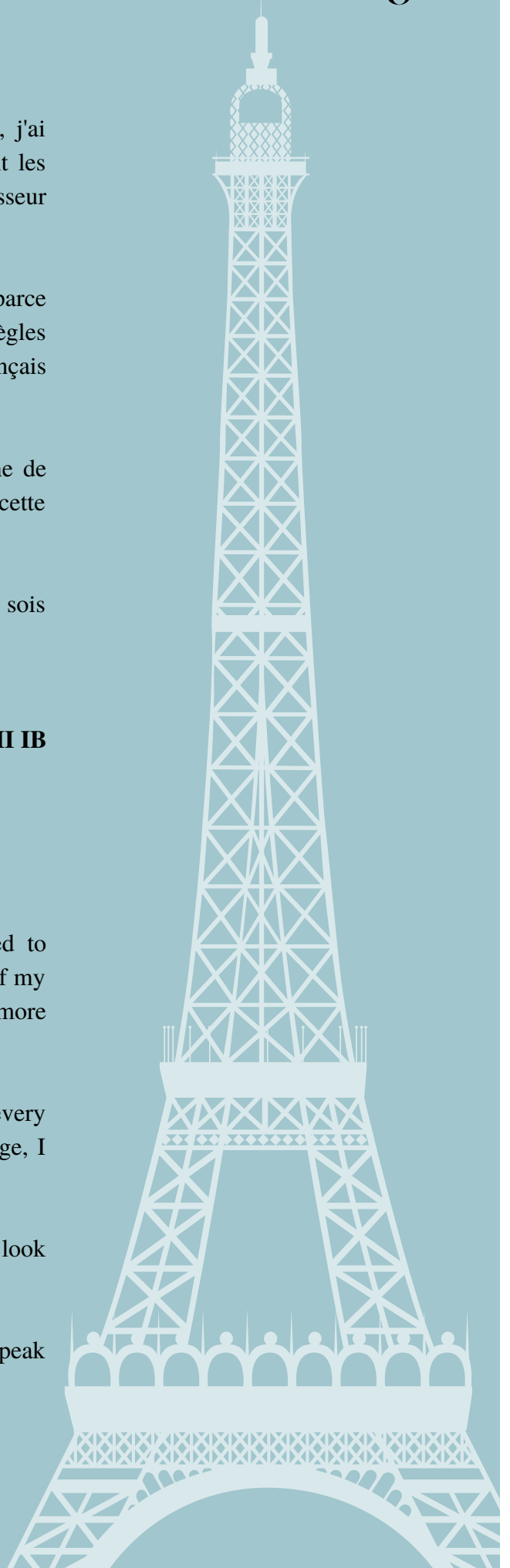
How I fell in love with French language

As I was in love with this beautiful language, I decided to continue my studies in French even during the three years of my graduation. The way our teacher taught us aroused even more interest in me.

Although many people find French confusing because every word has a gender and there are many rules in the language, I thought that was what made French more special.

Even though French is not part of our final year program, I look forward to continuing my journey with this language.

One day, I want to visit France and I want me to be able to speak French fluently with the natives.





Un nouveau pronom

Comme nous le savons tous, le Français est une langue très genrée. C'est le masculin et le féminin mais rien qui est neutre de genre.

Cependant, maintenant, il y a un pronom qui n'est pas genré. C'est "iul". Pour les femmes et les hommes, nous avons "elle" et "il" mais pour les gens neutres, il n'y a pas de pronom neutre. Voilà pourquoi ce pronom est utile.

Les pronoms inclusifs sont trop pratiques et c'est particulièrement vrai pour les gens non-binaires.

-Saaliha Sadiq, B. A. II MLP

Translation

French is a highly gendered language that only focuses on binary genders. But now there is a pronoun that can be used as a more inclusive and neutral term to refer to someone. It's the new pronoun "iel".



ART WORKS



Madhuri Kiranmai, B. A. II EPSM



Nishu Agarwal, B. A. III EPP



Diva Ranka, B.Com. II CAP

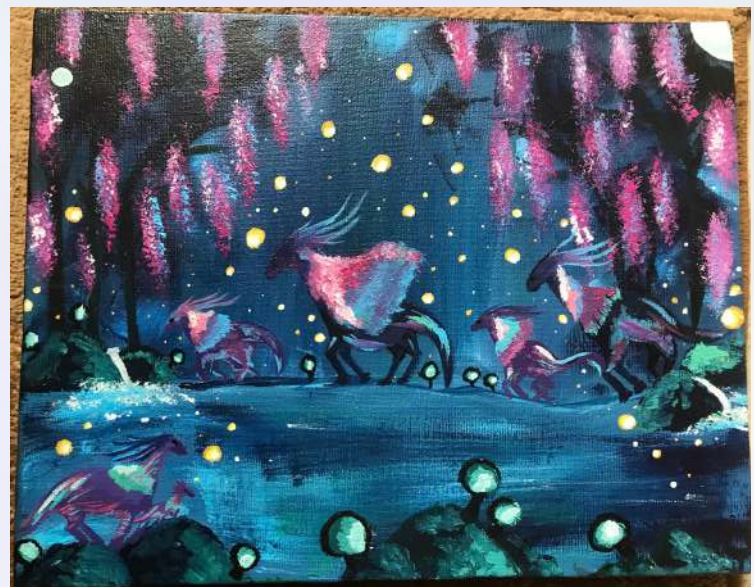




Nida Fatima Khatoon, B. A. III HLP



**I. Lavanya, B. Sc. II
ANBC**



Sathvika Nath, B. Sc. I BTZC



COLLEGE EVENTS



FRESHERS DAY

St. Francis College for Women celebrated its Freshers Programme to formally welcome the new batch of students. The whole programme was live streamed on the College's YouTube channel. In keeping with the tradition of our college, the function began with a formal prayer rendered by the choir. A formal welcome address was given by our beloved Principal Dr. Sr. Sandra Horta who welcomed all the freshers wholeheartedly.

The function was marked by exciting cultural performances like the rendition of a special song by our College Choir, a theme dance by the College Cultural team, and a skit by second and final year students for the juniors. The main highlight of the freshers day programme was the 'Miss Freshers Contest.'

This year, the contest was conducted in three rounds. The first two rounds were conducted online. The shortlisted candidates were called for the final round which happened offline on the actual Freshers day stage.

The winners are:

1. Ms. Fresher: Shloka Narsin, BMS I
2. Ms. Fresher (First runner up): Samjhana Sharma, B. Com. Honors I
3. Ms. Fresher (Second runner up): Sanchi Agarwal, BMS I
4. Ms. Best Dressed: Ananya Erugu, B. A. I EPP
5. Ms Vivacious: Ananya Florence Matta, B. A. I EPP

The winners of the Miss Freshers contest were felicitated with crowns and sachets by the Chief Guest. The programme concluded with a formal vote of thanks.



NATIONAL DAYS

TRICOLOURS ALL AROUND

To commemorate and mark the valour and spirit of the freedom fighters who fought for the emancipation of the nation from British rule, St. Francis College for Women, Begumpet celebrated the 75th Independence Day and the 73rd Republic Day of India with great pride and patriotic zeal on 15th August 2021 and 26th January 2022 respectively. Considering the limitations faced due to the insurgence of the pandemic, the events were held in college following COVID-19 protocols. The event was also broadcasted live on the official YouTube channel of the college.

Independence Day- The event started with a harmonic rendition of 'Vande Mataram' by the college choir, followed by the unfurling of the majestic Indian flag by the chief guest, Lieutenant Colonel H.P. Chaudhary, and his wife Mrs. Sujatha Chaudhary. After prayer, the celebrations started with a patriotic buzz in the air. Decked up in hues of greys, whites, and khaki, the passionate NCC Cadets were truly a sight to behold. The introductions and the parade of different contingents painted a beautiful scenery that instilled a sense of pride and love amongst everyone present there. The event was carried forward with Principal Sister Sandra Horta and the chief guest addressing the gathering, inspiring and imparting in them a feeling of appreciation and loyalty for the country. It was followed by the felicitation of students who brought laurels to the college in the field of sports. The event concluded with a cultural program organized by different departments. The songs and the dances left everyone mesmerized and awestruck.



Republic Day- NCC cadets kick-started the day through a beautiful performance of 'Vande Mataram' which was followed by the flag hoisting ceremony and a speech from N.B Sub Ankur Rawat. He enlightened students on how to face fears and move ahead by narrating his own adventurous experiences of climbing Mt. Kilimanjaro. The event was taken forward by speeches on the significance of the day and 'Azadi ka Amrit Mahotsav'. Glimpses of the participants and their work in different competitions were shown through a video followed by the announcement of the winners. The event concluded with an acknowledgment of cadets who were selected for the Republic Day parade in New Delhi and a vote of thanks.

Both days were genuinely excellent, leaving everyone with lots of memories and experiences to carry forward and reminisce about in the future.

**-Amatul Bar Zarfashan, BMS-II
Sub-editor**

STUDENT COUNCIL INVESTITURE

St. Francis College for Women took up the initiative of constituting a Student Council overall to benefit the student community of our college. It was decided by the college management comprising Principal, Vice Principal, Dean Academics in consultation with IQAC and Dean Student Affairs to form a Student Council consisting of 7 students holding different responsibilities such as College President, College Vice President, General Secretary (one from UG, one from PG), Treasurer, Cultural Secretary, and Sports Secretary. It was also decided that the student council would comprise representatives from all UG and PG final years.

The objectives behind the formation of the Student Council are:

- To act as an interface between the students, faculty, and management
- To train students towards leadership roles
- To promote and coordinate student activities in the college, including Freshers Day, College Fest, Teachers Day, and any other activities that do not come under the purview of the club activities
- To help in identifying student issues and resolving them amicably
- To contribute to developing a well-informed, participative, and vibrant student community
- To work in coordination with Dean Academics and Dean Student Affairs office

Keeping the above objectives in mind, applications were floated to all final year students. After a thorough examination by the Principal, Vice Principal Dean Academics, IQAC, and Dean Student Affairs, the final list was drawn up unanimously.



The Investiture Ceremony of the second edition of the Student Council was conducted on 7th August 2021, where members were formally entrusted with their duties and responsibilities. The members include:

1. President – Aditi Mammen (B.Sc. III F)
2. Vice President - Reisha Marina Issac (B.A. III PLP)
3. General Secretary UG – Nikitha Deshpande (B.Sc. III N)
4. General Secretary PG – Shimron Diana (M.A. II Mass Communication)
5. Treasurer- Jahanvi Jethani (B.Com. III H)
6. Cultural Secretary- G. Akshitha (B.Sc. III N)
7. Sports Secretary – Sneha Agarwal (B.Sc. III N)

In keeping up the legacy laid down by their predecessors, the current crop of the Student Council body has also been discharging responsibilities assigned to them in a highly commendable manner and ensuring that the rationale behind their selection is fully justified. They have been providing a successful accomplishment of the objectives behind the formation of the body.

Overall, it can be said that the initiative taken up by St Francis College for Women in constituting the Student Council has been a very successful venture.

TEACHERS DAY

The Teachers' Day event at St. Francis College, held on 6th September 2021, left the event attendees awestruck. The Student Council was the backbone of the organising team and did a fabulous job. The programme began at 10.30 a.m. with a prayer song by the choir group. This was followed by a mesmerising welcome dance by Nishitha. On the occasion of Teachers Day, on 5th September, the management of St. Francis hosted an event to honour and celebrate its teachers. The Principal, Dr. Sr. Sandra Horta, formally greeted all the teachers and appreciated the thought-provoking speech of the faculty members. An exclusive felicitation was presented to the Silver Jubilarian Ms. Rekha Jaichander, by the college management, teaching staff association, Maths department colleagues, non-teaching staff and students. The college management also felicitated various staff members who excelled in multiple fields.

We witnessed a spectacular performance by the PG Mathematics students, who made our feet tap on every beat. The faculty of the Department of Mathematics sang some musical numbers and blew our minds with their rhythmic dance piece. Indeed, music gives life to our imagination. A captivating performance by Sumanjiri from M. Sc. Mathematics got each of us to be mesmerised by her enchanting piece of music. A scintillating dance performance by the Cultural Committee, led by the Cultural Secretary, Ms. Akshitha Gumalla, caught all our attention to it. The B. Sc. 3E students had also left us all spellbound with their exceptional performance. A beautiful rendition by the Student Council and the college choir representing the student committee for the dear teachers made us all emotional. An amazing skit presented by the Department of Hindi depicting the significance of teachers reminded us of the dedication of our teachers. Another stunning performance was presented by an ex Francisian, Ms. Srilaxmi, who touched our souls with her heavenly voice. The programme concluded with a formal Vote of Thanks by Ms. Margaret Francis, Department of Social Management. Overall, the Teachers Day Programme was an unforgettable moment to cherish for all the faculty members.



**-Ayesha, B.Sc II ANBC
Sub-editor**

MS. REKHA JAICHANDER- CELEBRATING 25 YEARS OF SERVICE

Ms. Rekha Jaichander is one of the most inspiring teachers at St. Francis. Throughout her 26 years of teaching experience in Mathematics she encouraged and moulded students to be their best possible selves while making Mathematics an easy subject to follow. The silver jubilee celebration for Ms. Rekha R Jaichander was celebrated on 5th September 2021. Ms. Rekha's family was invited to the celebration. The felicitations were done by the Management, the teaching staff, the non-teaching staff, Dean of Academics, Staff Association and students.



Ms. Rekha R Jaichander, Head, Department of Mathematics, has strong academic leadership. She has 26 years of experience in teaching Mathematics to undergraduate and postgraduate students. She continuously motivates young minds to strive toward success and achievement. She is an alumni of St. Francis college (Class of 1989). She joined as a faculty member in the Department of Mathematics, St Francis College for Women, in 1996. She is a hardworking, energetic, punctual and a student-friendly teacher who motivates students to pursue higher education. She received the best teacher award in the year 2016. She has served as PG Dean of Student Affairs, timetable coordinator, PG Coordinator for M.Sc. Mathematics. She always ensures to achieve the highest possible standards of excellence in all the activities. She is known for her incredible administration and high achievements in the institution.

FAREWELL TO DR. SHARMILA KUNNU



Dr. Sharmila is a very kind and loving person. Her passion for teaching and service rendered at St. Francis for 32 years is a memorable one. To her colleagues, she is known as a jovial and a fun-loving person. To her students, she is regarded as a friendly teacher. She has remained a strong individual facing various trials in life, yet remained hopeful in life's destiny.

Her contribution to the department's La Fiesta Club in its initial formative days is commendable and we as a department cherish to reach great heights in the near future. The La Fiesta Club now serves as a great platform to showcase students' talent and creative ideas. Dr. Sharmila is known for her inspiring helpful nature and engaging lectures. We will fondly remember her as a warm person and we will not forget her empathetic attitude.

We wish her all the best on the occasion of her superannuation this year as she embarks a new journey, and may she spread her good nature around. May God bless and grant good health with a long life.

**-Ms. X. Stella Martina
Head, Dept. of English**

ST. FRANCIS DAY

St. Francis College for Women celebrated its institution day titled St. Francis Day on 4th October 2021. St. Francis Day marks the feast of St. Francis Assisi, the patron sage of the esteemed institution. St. Francis of Assisi is the most religious sage in Roman Catholic history. He is a patron saint of ecology and animals.

"Prayer and faith are invisible but can make things possible." The programme began with a prayer song by the college choir, followed by an insightful and thought-provoking welcome address by the Principal, Dr Sr Sandra Horta.

The college cultural team made a wonderful Dance Tribute to the Patron Saint. Burra Katha is an oral storytelling technique in the Jangam Katha tradition formed in the villages of Andhra Pradesh. It is a narrative entertainment comprising prayers, dance, and jokes performed by the students of college Telugu Club Harivillu on the life of St. Francis of Assisi.

The nightingales of the college choir rendered a special song to enlighten St. Francis Day.

"Devotion of God was expressed with his love for all the god creations." With this thought, the members of Face Club depicted the life of St. Francis of Assisi through an illuminating and divine skit. The Francisians performed a theme dance on the elements of nature. The performance blew the audience's minds with its rhythmic moves as the patron saint St. Francis of Assisi, is an ardent lover of nature in its pure form.

The programme concluded with a formal vote of thanks by the Student Council General Secretary Nikita Deshpandey. St. Francis Day was an insightful journey on the life of St. Francis of Assisi. The event was a major success, one which is most eagerly awaited in the years to come.



YUVAFLARE- THE CAMPUS FEST

Yuvaflare is the Youth fest of the College. The fest is organized for a period of 3-4 days by various clubs of the college, receives participation from colleges across the city and has now become a tradition for the past few years. In the year 2020, the world was hit by a viral pandemic that reduced the large festive and other gatherings. Following the safety protocols set by the Govt. of India the tradition was broken. Nevertheless, the fest was brought back this year and was celebrated online that made the fest an international phenomenon. The College clubs: Arista, Xpressions, Voctalent, La Fiesta, Prakriti, Harivellu, Coffee and Spectrum came up with several ideas on how the event can be conducted with ease and also receive large participation. The event was organized for 4 days from 20th to 23rd of October 2021. The event commenced by an inaugural ceremony which was graced by Mr. Shekhar Kammula. The inaugural ceremony followed the events by Arista; Yuva Idol a signing competition and paper presentations both of which were streamed live on youtube. Million to One a holistic pageant organized by Vocational club Voctalent that tested both cadetic and non-academic skills of the participants. On day 2 Coffee organized the first 2 events, BIZMUN & Mercadeo that were the model Business UN and AD mad. The club Harivellu's event titled "Amma Palluku Jagadamba Palakku" was an extempore that required participants to speak only Telugu for a specified period of time. The last event for the day was, to be or not to be by La fiesta that had participants be various celebrities and fictional characters and react to the given scenarios. Samskruti Xpress was the first event of the 3rd day, a competition where participants had to perform in any form of art representing any ethnicity.



Francis InvestIn a mini shark tank was the event that concluded the events forenoon. The events of the afternoon included Impromptu and extempore that required the participants talk about any given environmental issues. YuvEcofreak an art competition that used environment friendly articles. Impromptu and YuvEcofreak were the events organized by the Prakrati club. The final event of the day was Yuva Beatz that was organized by spectrum a dance competition. The last day of the fest started with everyone having there thinking caps on for Yuva Wiz, a Quiz Competition organized by the Spectrum. The fest was concluded on the 23rd by a Valedictory ceremony. The chief guest of the day was Dr. Lovleen Kumar (Senior Research Scientist, Dr. Reddy's Labs). The event entailed felicitation of the judges from various events and the winners of various events were awarded with the cash prize. The event ended with various performances put up by the students. The fest received sponsorships from Bharat petroleum, Mon Ame, Meet University, BlackBuck Engineers, Nexus Consulting, Om Sir Ra Exclusive, Jeevanopadhi. The event was successfully organized and streamed on College's Youtube Channel.

INTERNATIONAL MEN'S DAY



The month of November is essential for the masculine soul because it gathers several important events for men.

Since 1999, methods of celebrating International Men's Day have included public seminars, forums, conferences, festivals and fundraisers, classroom activities at schools and colleges, etc.

The day highlights the positive difference that men bring to communities, their families and to the world. On November 20, we celebrate International Children's Day, which forms 48 hours of celebration for men and children and their special relationship.

International Men's Day encourages men to teach the boys in their lives the values, character and responsibilities of being a man. Mahatma Gandhi once said, "We must become the change we seek." Only then can we lead an example that will create a fair and safe society that allows everyone the opportunity to prosper. A real man does not care about what others think about him, and he just does what he has to do to have peace within him.

International Men's Day is observed to cherish the achievement and contribution of all men in our society. It is an occasion to celebrate the contributions and achievements of men to the nation, society, community, family, marriage, and child care. It also raises awareness about men's well-being and issues on a global scale.

The theme for International Men's Day 2021 was "Better relations between Men and Women." This theme aims to improve gender relations and promote gender equality for men and women. It promotes manhood and womanhood and seeks to end the gender war and work towards reconciliation between men and women for the greater good.

International Men's Day commenced with a two-day celebration. On the first day, games were organized, which garnered the participation of the entire Male Teaching and Non-Teaching staff members. Starting with a classic game, Musical Chairs, a group of 40 people participated with great vigour in which 3 winners were announced.

The second game was Passing the Ball. The second day was filled with great enthusiasm among the staff. A warm welcome was received by the Male Faculty dressed in formal and ethnic wear. There was a ramp walk, prayer and Bible reading to mark an auspicious beginning of the event. It was a great delight to witness the staff singing a medley of songs, and the most memorable event was KBC brimming with fun and retro dancing. Further, the final round of the Fashion Show was conducted, followed by the most awaited part of the programme. The prize distribution celebrates all the winners of the programmes.

International Men's Day is an important day for men worldwide, which encourages and aims to improve their lives and understand the prominent issues in their daily routines.



SFC DAAN UTSAV- JOY OF GIVING WEEK



Daan Utsav, the joy of giving week, the Social Outreach Programme of the college was commemorated with great enthusiasm this year. Students of all the streams visited NGOs, Colleges, Organisations, Old Age Homes, and Health centres to contribute and donate to the needy. The college collectively covered nearly 30 places. A few of them are Home for the disabled, Secunderabad, Home for Destitute Care, Ashray Akruti-NGO, Little Stars Children's Hospital, Capbowl Orphanage, Little Sisters of the Poor, Home for the Aged, BHoiguda, Sannihita Centre for Women and Children and Aman Vedika Rainbow Home. Many students claimed to be blessed to be a part of the program. For many of them, it was an eye-opener, and many confessed their lives would never be the same again.

SFC PRAYING FOR UKRAINE- LET'S STOP THE WAR



The SFC as one big family came together in this most crucial period in world history; in seeking God's intervention and mercy on the war wagging countries of Russia and Ukraine. The day was very well planned by the Principal and Dr. Uma Joseph, Head, Department of History, including the various fraternities of the college to lead the congregation in devotion and prayer all through the day from 9 a.m. to 3 p.m. which ended with candle lit adoration by the FACE Club students. The non-teaching staff too participated in full capacity in pleading God's protection in these times of uncertainty and fear that both the countries may turn towards God to receive His gift of Peace and Justice.

41ST CONVOCAATION CEREMONY

St.Francis College for Women held its 41st Convocation ceremony for 1319 students of the batch 2019-2021 PG and 2018-2021 UG on Saturday, November 27 2021. The ceremony was held in the Indoor Stadium and was graced by the honourable Vice-Chancellor, Osmania University, Prof.D.Ravinder and the honourable Mayor, GHMC, Hyderabad Smt. Gadwal Vijayalakshmi. Also in attendance were other students and Faculty. Out of 1319 students, the college presented 53 Gold medals and awarded degrees to 1148 Undergraduate and 171 Post Graduate students in the convocation. The convocation began with the welcome address by Dr. Sr. Sandra, the Principal of the College in which she congratulated the graduating students and highlighted the commitment to the vision of the college -holistic education for the empowerment of women. In addition, she said that the graduation ceremony marks a major transitional golden moment in a student's life and a greater responsibility to look forward to the future with much hope. She wished the students to give their best in all they do so that the dream of Athmanirbharbharath is realised in and through them to make our nation a better place to live in. It was followed by the administration of the Graduation pledge by the Principal Dr. Sr. Sandra Horta.



Smt. Gadwal Vijayalakshmi congratulated the management of the college for its standards and the laurels achieved. In her convocation message, she stressed that youth have a great role in nation-building and development and encouraged them to be innovative and impactful in solving the nation's problems. The students felt motivated by her insights.

Prof. D. Ravinder delivered the convocation address. In his speech, the Vice-chancellor praised the college for its world-class infrastructure and dynamic curriculum. He announced that the university has constituted a committee to work on recognising St.Francis College for Women as the Research Centre of the Osmania University. He wished the students to reform, transform and perform well in their future endeavours. The students were enthralled by Vice-Chancellor's scholarly speech.

The graduates were awarded their degrees post the convocation message by the honourable Mayor, GHMC, Hyderabad Smt. Gadwal Vijayalakshmi and honourable Vice-Chancellor, Osmania University, Prof.D.Ravinder. The graduating students shared their experiences and praised the perfectly blended curricular and extra-curricular environment of St.Francis College for Women. The graduation ceremony ended with the National Anthem.

-Ms . Latha Subramanian
Assistant Professor
Department of Commerce

NATALE- CHRISTMAS CELEBRATION

The arrival of December reminds us of one great occasion, Christmas! The campus this month is filled with joy and laughter because of the liveliness of the Christmas spirit, which is seen throughout the month with engaging Christmas-themed events and competitions.

The NSS program officers of St Francis organized the event 'Joylicious' on 21 December 2021 as a part of Natale. In this event, a series of food stalls were set up on the campus. The NSS programme officers collected funds from this event for social services in rural cities.

Carol singing is the most beautiful and soulful addition to the Natale. St Francis's Choir, known as the Nightingales, organised an Inter-college Carol Singing Competition. This competition was witnessed by various participant groups from different colleges. It was judged by Mrs. Merlyn Salvadi and Mr. Suraj Paul, who are very talented musicians.

Christmas would not seem like a festival if not for the captivating decorations of the season. Our college conducted a campus decoration competition where each student club was responsible for decorating the main building floors. This fun activity after the monotonous lockdown brought out the creativity and fun-loving nature of the students.

The Live Crib Making competition was an unforgettable event as it received the participation of our dear staff members. They took part with their respective department members in the competition in the quadrangle of the main building. This was an exhilarating experience for students as they got to see their lecturers in new avatars.

Undoubtedly, Natale embodies the spirit of happiness and life for every one part of St Francis. It leaves everyone with beautiful and unforgettable memories that will be forever cherished.



**-Nida Fatima Khatoon, B. A. III HLP
Sub-editor**

NCC GOLDEN JUBILEE CELEBRATIONS

St. Francis College for Women celebrated its Golden Jubilee with a lot of gravity on 7th January 2022. This celebration marked the completion of fifty years of NCC at St. Francis College for Women.

St. Francis was honoured to welcome their esteemed Chief Guests Air Commodore G.S. Chauhan from the Air Force, Colonel Amit Oberoi from the Army, Captain Dalbir Singh from the Navy, and GCI Thakur Sarojbala for this memorable celebration.

The programme began with a prayer service by the NCC cadets of St. Francis, who led the audience into prayer by reading excerpts from their respective holy books. The prayer was preceded by an eccentric dance performance, a fusion of western and classical dance forms and music. Following this, a speech about the history of NCC and an audiovisual presentation of the achievements of NCC cadets from SFC throughout these years and NCC's journey in SFC since 1971. It was a proud moment as many successful cadets made SFC proud repeatedly throughout the years.



The event continued as our Principal Dr. Sr. Sandra Horta, addressed the gathering. The cadets of St. Francis entertained the audience with a melodious medley of songs, followed by an exciting skit on the experiences of a cadet during the various NCC camps that happen throughout the year. It was nostalgic for all the cadets as they were taken back in time and relived their camp days while watching the skit. The stage was set alive by the Telangana folk dance and a Bollywood dance performance by the cadets. The auditorium shook with clapping as the performances were full of adrenaline, familiar beats, and enthusiasm.

The Principal felicitated the esteemed chief guests and released a special souvenir on the occasion of the golden jubilee celebrations, which was followed by a speech by our honourable chief guest. This unforgettable event was concluded by the vote of thanks and the singing of the NCC song.



**-Nida Fatima Khatoon, BA III HLP
Sub - editor**

SILVER JUBILEE OF DEPT. OF BIOCHEMISTRY

The Department of Biochemistry dates to 15th June 1996, when it took its origin under the banner of restructured courses in life sciences. The department celebrated its silver jubilee in the academic year 2021-22. Over the past years, the Department has been constantly revising, updating, and restructuring itself to keep pace with the rapid advances in Biochemistry and teaching-learning methods. 25 years of constant hard work to move towards excellence is to be celebrated throughout the year and this yearlong celebration was announced with a curtain raiser event, which brought in alumni to inspire the undergraduate students to pursue a career in the field of biochemistry. The curtain raiser event was organized on 25th March 2021 and was called 'Igniting Moments with Alumni.' This was followed by an Inaugural Ceremony organised on 16th July 2021. The ceremony was attended by the Founder Head of the Department and the Principal, Dr. Sr. Sandra Horta and many other former members of the department who have played an important role in the its development over the past 25 years. The inaugural ceremony started with a short prayer and was followed by a welcome address by Dr. S. Kanchana, Head, Department of Biochemistry. The inaugural address was given by the Principal, Dr. Sr. Sandra Horta. Progressing into the event a few competitions were held for both staff and students. A virtual quiz competition was conducted for the staff of the college and events like crossword puzzle contest, and logo designing competition were organised for the students.



The event was conducted through online mode to avoid huge gatherings following the government's Covid Protocols. The inaugural events of the silver jubilee celebrations were a grand success.

As a part of Silver Jubilee celebrations 'Francis Biochemathon' was organised along with three National Online Inter Collegiate Competitions- 'Let's Get Quizzical', 'Meme-o-mania' and 'Filmora'.

The valedictory of Silver Jubilee celebrations was organised on March 24th, 2022. It showcased variety of events like student's flash mob, food, and fancy stalls, photobooth and cake cutting. MoU with Sunshine Hospital was signed on this event which covers various benefits to staff and students of SFC at Sunshine Hospital. Former faculty Ms. Sharmila and Dr. Mala Ranjan graced the occasion. Dr. Kanchana HOD and the Principal Dr. Sr. Sandra Horta addressed the gathering. The Lab staff were also felicitated on this occasion. PG Diploma in Fitness and Nutrition Management in collaboration with Apollo hospitals was launched on this day.

-Dr. Kanchana
Head, Dept. of Biochemistry

COLLEGE DAY

St. Francis College celebrated College Day to honour students for their courage and for their excellence in this academic year 2021-22 on 1st February 2022. Following the college's tradition, the ceremony began with the College Choir singing the College Prayer Song, followed by Principal Dr. Sr. Sandra Horta welcoming the Chief Guest and invitees with a concise and beautiful welcome address. Dr. Evita Fernandez, the chairperson of the Fernandez Foundation and a Pride of Telangana award recipient, was invited as a chief guest who shared an enlightening and inspiring speech to commemorate the day. An instructive presentation was shown for students and faculty to recognize and witness the academic and co-curricular activities over the previous academic year graciously.

The function was brought to light by a prize distribution in which three categories of prizes were awarded to students as part of their impeccable and exemplary achievements: Founded Prizes (Gold Medals and Trophies), Special Recognition Prizes (for Choir, Placement, NSS, NCC, Sports, Club) and Proficiency prizes. A total of 127 awards were given to the meritorious nominees. Dr Parijatham Kanchana, Head of the Department of Biochemistry, was awarded the Gold Medal for the Most Significant Research Contribution by a Faculty Member for this academic year. Ms Deepa James, Head Department of Commerce, was felicitated with the Long and Outstanding Service Award.

Indeed, the event held with significant flamboyance and circumstance, was an inspirational vision that pushed students to strive for continuous development and achievement. Ms. Kirti Vaman Rao, Department of French, presented a vote of gratitude at the end of the ceremony.

**-Vidhi Shah, B.A. II PLP
Sub-editor**



INTERNATIONAL WOMEN'S DAY

Every year, 8th March is celebrated as International Women's Day around the globe. However, the International Women's Day website diverted from the theme of the UN. It announced: "Break the Bias" as this year's concept. The website explains the values of their theme as "A world free of bias, stereotypes, and discrimination. A world that is diverse, equitable, and inclusive. A world where difference is valued and celebrated."

St Francis College for Women celebrated "International Women's Day" from 7th March to 11th March 2022 as a part of the Institutional Special Day Celebration to cherish womanhood.

Following events have been organized:

- On 7th March 2022, it commenced with the introduction of the Francis Alumnae Association, its office Bearers, and a talk by Dr Vimee Bindra, a gynaecologist from Apollo Hospital, regarding women and their health issues
- On 8th March 2022, "Fun Fair Events" for all female staff and female students was organised by the male staff. They organised games, video presentation, mime, songs, and dance and entertained the audience



- 9th March 2022, a talk on Cancer awareness by Dr Geetha Nagasree, Consultant Surgical Oncologist care hospital, was organised
- 10th March 2022, Talk on drug awareness by traffic Police
- 11th March 2022, a program by the Prakriti club was organised

This week-long celebration was organized, allowing coordination among staff members. International days and weeks are occasions to educate the public on issues of concern, mobilize political will and resources to address global problems, and celebrate and reinforce the achievements of humanity. Our Principal, Dr. Sr.Sandra Horta, had a vision of celebrating International Women's Day for a week. Collective action and shared ownership for driving gender parity make International Women's Day impactful. Gloria Steinem, world-renowned feminist, journalist, and activist, once said, "The story of women's struggle for equality belongs to no single feminist nor any one organisation but to the collective efforts of all who care about human rights."



FAREWELL- ADIEU TO SENIORS

Farewell is that one day in one's academic life when one feels elated and dejected at the same time. This pandemic took a chunk of students' college lives- from seeing everyone behind the screens to seeing everyone in person. However, this place had become like a home with a beautiful extended family. After all those submissions and exams comes the time to say goodbye. The second years bid farewell to their seniors on 28th March 2022. The event started with a poem recited by the hosts, Diva Ranka (BCOM-II CAP) and Rachna Kapur (BA-II), followed by a prayer and a few enlightening words by our beloved principal Dr. Sr. Sandra Horta for the outgoing batch. It was preceded by an energizing welcome dance and a video presentation by the Student Council. Next, the Student Council, the Sports Department, and the participants of the Republic Day parade were awarded for their hard work and achievements, which they have relentlessly shown throughout the year. The first round of the Ms. Francis contest started with 15 contestants, judged by our distinguished panel, Ms. Nivedita Suravaram, Director of East Effects and Ms. Anitha Chowdhary, Indian actor and anchor.



Based on their graceful ramp-walks, followed by a 60-second personal introduction round, the top 10 contestants were selected for the second round. On one hand, the Choir performance brought tears of nostalgia. On the other hand, the skit by the Department of Telugu brought tears of laughter. Then the 10 finalists of the Ms. Francis contest had their wits tested by the judges in the intense second round. It comprised the Question-and-Answer round, which tested their views on various prevailing social topics. The teachers surprised the audience with a phenomenal and lively dance performance which brought the house down. Then the long-awaited results of the Ms. Francis contest were announced, and the titles were won by:

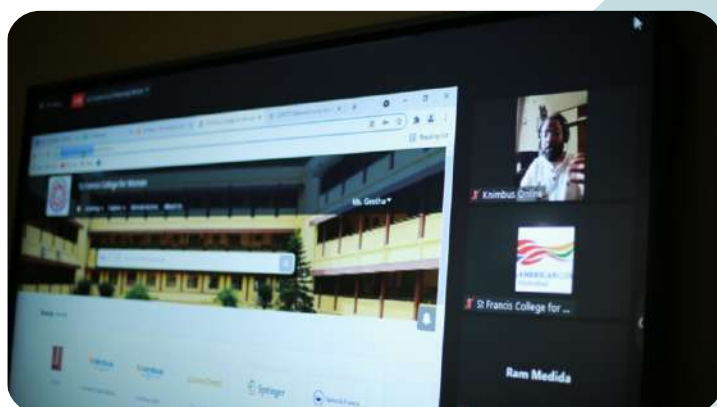
- Miss Francis 2022- P.S.N Saugandhika
- Miss Francis 1st Runner up-Mishika Agarwal
- Miss Francis 2nd Runner up-Trisha Kola
- Miss Best dressed- Akshitha Gumalla
- Miss Vivacious 2022-Tanvi Akaanksha
- Miss Talented 2022-Moole Pranavi

The event concluded with everyone dancing their hearts out to the DJ. The memories of these students will be forever on the college walls.

**-Diva Ranka, B.Com. II CAP
Sub-editor**

LIBRARY DAY

The library at St. Francis is one of the peaceful places for students. The resources and books it offers are commendable. Francis' library celebrated 'Library Day' on 12th August 2021, in the memory of Dr. SR Ranganathan. The Library department conducted various competitions for staff and students. On 10th October 2021, an online orientation on 'Effective Utilisation of Academic e-resources' was organised. The orientation was on the usage of the college's digital library. This day also marked the launching of Francis' SFC Mobile Library App.



**STUDENT & FACULTY
ACHIEVEMENTS**



Sandra Philip, M. Com. II Applied Finance
Sinduja Reddy, B. A. II EPSM
Akshita Gumalla, B. Sc. III N
KCR Mahila Bandhu Award-2022



Dr. Vanisree, Dept. of Commerce
Dr. Reena Deewan, Dept. of English
Dr. Jyothi Rani, Dept. of Zoology
KCR Mahila Bandhu Award-2022



Dr. Shailaja Raj, Dept, of Microbiology
State Best Teacher Award



Mr. Farooq Kamal, Head,
Dept of Physical Education
Young Sports Leadership Award



Dr. Usha Praveena, Dept. of Physics
SIR C.V. Raman Memorial Award 2022



Ms. X. Stella Martina, Head, Dept. of English
Indo Asian Teaching Excellence Award 2021
 From International Multidisciplinary Research
 Foundation



Dr. V. Radhika, Dept. of Chemistry
Selected under Women Scientist Scheme
 (WOS-C WISE KIRAN- IPR under DST)



Cadet Captain K. Kanak Varsha
BMS III

**Best Cadet - All India Fourth
Position**

Represented AP & TS Directorate at
Republic Day Camp 2022



Cadet P. Prerna
B. Sc. III MPCS

**Represented AP & TS at the
Republic Day Camp 2022**



Cadet Captain R. Sowmya Rekha
B. A. III PPP

Best Cadet - AP & TS



SUO B. Mary Anthony
B. Sc. III F

**Represented AP & TS Directorate at
Republic Day Camp 2022**



STUDENT CLUBS



SPECTRUM- THE SCIENCES CLUB



The Spectrum club, the sciences club at Francis, first saw their investiture ceremony in 2021-2022. The club took an oath of determination, confidence and commitment. On 5th October 2021, they invited Ms Sravanthi Chaganty to host a webinar on 'Stress Management Techniques.' Spectrum, like every club, contributed its share of exciting competitions for Yuvaflare. The club held YUVABEATZ, a virtual dance competition and YUVAWIZ, a quiz competition with Nexus Consulting Company, India. The club's performance at Natale Carol Singing Competition was one of the event's highlights. Their zeal and fervour won them second place. On 22nd December 2021, Spectrum won first place for Floor Decorations at Natale.

Every year the club holds Glee, an annual outreach programme; this includes a variety of competitions, drives and lectures. Glee welcomed 60 students from St. Joans School and National High School this year. Ms. Anuradha Rao and Mr. Ravi Teja judged the 3D Model competition. Glee was a huge success. It ended with hearts filled with gratitude and minds full of knowledge. Scribblex, a new event the club introduced this year for PRISM- their annual newspaper, was held on 20th February 2022. The club's last event was on National Science day (28th February 2022). On this occasion, the club's student members organised three events- Universe in Verses, Artistry and Quizify. All the participants were curious, eager and enthusiastic throughout the year. Spectrum is definite to come back with more such exciting competitions and events next academic year.



XPRESSIONS- THE ARTS CLUB



XPRESSIONS CLUB is an umbrella term for sub-clubs Psychon, Fire, SMILE, Chanakya, Communis, Rhetoric and Quest Hour. Xpressions club conducted several activities and events this year. Its first event in 2021-2022 was InvestIN, conducted on 18th October 2021 as a part of YuvaFlare. The event provided students with the opportunity to pitch their ideas before experienced and talented personalities. An international speaker from Fiji addressed everyone, and the winners received an internship opportunity under Rubaroo.

Shortly after, they held Samskruti Xpress on 22nd October 2021. Samskruti Xpress was an event exclusively to showcase the participants' various cultures and art forms. Xpressions club also took part in Natale competitions with dedication and discipline. Their talent won them first place in the Carol Singing Competition (16th December 2021) and third place in Floor Decoration (20th December 2021). The club gave a tough fight in Live Crib Creation. Xpressions Club emerged as a well-coordinated club and one of the most fun-filled clubs at Francis.





PRAKRITI- THE EVS CLUB

"Environmentalism is such a great science of philosophy that can make people eco-warriors, showcasing their grace to ensure participation in environmental activities on and off-campus". Prakriti Club is the Nature Club of St. Francis. In August 2021, Prakriti Club conducted 'Life in Soil' plantation drive. It was a month-long activity where the students of St. Francis college planted trees in college, homes and their neighbourhoods. The club also participated in the Composting Activity conducted by the Dept. of Environmental Studies and volunteered in the Capacity Building Program organised on 26th August 2021.

Prakriti joined the clean-up drive at Heritage Step Well, Bansilalpet, Secunderabad. This was organised by The Rainwater Project, in collaboration with GHMC on 22nd August 2021. The nature club volunteered in the TEDx Hyderabad Salon 2021-Water Positive Cities event held at Seshidhar marg, Kondapur Well, on 29th August 2021. Various speakers enlightened the people on water sensitivity, sustainable use and other important topics.



In Yuvaflare Prakriti hosted 2 major events, Yuvecofreak and Impromptu. In December, Prakriti participated in St. Jude's Harmony Utsav, Banjara Hills, Hyderabad. It was organised for children with cancer. The children were enlightened with knowledge and the importance of the 5 elements of nature through different learning experiences. The team then joined the clean-up and plantation drive organised by NGO, Dhruvansh at Mushki Cheruvu, Hyderabad, on 19th February 2022. They invited an expert to talk about the importance of lakes and their restoration. Prakriti Club collaborated with the Department of Electronics, NGO Dhruvansh and NGO Hamari Mitti and organised a guest lecture on solar energy application to mitigate the climate change by the Energy Swaraj Yatra team on 25th February 2022. The college welcomed Prof. Chetna Singh Solanki (Professor at IIT Bombay). He is known as "Solar Gandhi."

AVANI, the nature fest of Francis, was on 10th March 2022. It included a guest lecture by Ms Kalpana Ramesh on 'Women's Role in Water Conservation and Restoration', a Hair donation drive in collaboration with Green Trends, and competitions conducted for Staff and students. This year for Prakriti club ended with a pledge to reduce Carbon Footprint.



HARIVILLU- THE TELUGU CLUB

Harivillu, the Telugu club's start this academic year, was with a national webinar. On 24th April, the club organised a 'Managing emotions and enhancing well being' webinar. Usha Chivukula from the University of Hyderabad was their guest speaker. Later that year, on 29th August, they celebrated Telugu day in college- 'Telugu Sahitya Samskrutika Dinostava Vedukalu.' Along with many musical performances, all the competition winners were awarded. The literary work presented by professors and students of several colleges was compiled as a book titled 'Bhava Prapancham.' Shortly after, on 4th October 2021, on the occasion of St. Francis of Assisi, Harivillu composed a Burra Katha on St. Francis of Assisi's life.



For Yuvaflare, the club organised competitions, the winners of which were given cash prizes. Harivillu also conducted inter-college competitions, including a National Level Solo Folk Dance Competition, which received participation from Loyola College, Sarojini Naidu Vanitha Maha Vidyalaya and Bhavans Vivekanandha Degree College. As December entered the year and Natale was the talk of the college, The Telugu club performed a Burra Katha on the birth of Jesus Christ and Covid Precautions. Harivillu's performances and events this year were entertaining and informative.

ARISTA- THE BMS CLUB



"This academic year has been an extremely vigorous one for the student club," says Arista, the Department of BMS club. Arista's activities in 2021 began with a webinar on Securities Market for third years on July 30th. On August 11th 2021, the 'Understanding the Indian Stock Market' webinar session for BMS students had compelling insights from the speakers, Ms Pooja Khemka and DE Shaw. Arista's participation in the 75th Independence day festivities was applauded and appreciated. As the year was nearing its end, the class of BMS 2021 received a virtual farewell, 'Netflix and thrill,' where the students dressed up as their favourite Netflix characters. When a new academic year began, new club members entered Arista promising better leadership and continued development. Arista's Bootcamps this year- Business Quiz, Entrepreneurship development, Marketing, Human Resources, Finance and Best manager were challenging and fun.



Pooja Agarwal, a student member, interviewed Mr Ritesh Chatterjee on World Manager's day to begin that day's celebrations. Later that year, on 30th September, BMS-III Students invited Mr G. Madhusudhan Rao for a webinar on the 'Liquidation of companies to increase students' financial literacy. Yuvaflare, the famous intercollege competition hosted by Francis, had 'Reimagining the Workplace - A Post Pandemic Perspective,' from Arista that offered an opportunity for undergrads to publish their research papers. The club also organised YuvaIdol, a singing competition judged by Mr Zubin Gibson. On February 11th, 2022, Ingenium's three events- Athena, Monte and Odysseus, provided novel and valuable opportunities to participants. The last event of the year was 'Edge Talks' on February 26th, 2022. The event invited speakers from various start-ups who inspired students in multiple aspects of the business world. Arista organised a great deal of events and opened a range of opportunities for its students, this year.



FACE CLUB

FACE- Franciscan Association for Christian Endeavours club represents the Christian and Catholic community of the college. On 9th September 2021, the club's investiture ceremony began with a parade. They also celebrated the feast of Holy Infant Mary on that day. The month of October is very sacred and holy at Francis. The college celebrates 'St. Francis of Assisi' every year on the 4th of October, the patron saint's feast. On this day, the college also celebrates its Institution Day. On this auspicious day, the members of the Face Club put up a captivating skit depicting the life of St. Francis. Soon after, on 7th October 2021, the club organised 'Chain Of Rosary'. The event witnessed staff and faculty from various departments taking their turns in praying the Holy Rosary.



Later that year, on 13th December 2021, the club organised FACE fest with the theme 'An Act of Good Deed' that spread Christmas joy and involved many Christmas themes activities. Departmental Carol singing, where the club members walked around the college while singing divine carols, went on for two days- 16th and 17th December 2021. The FACE club marked the beginning and the ending of Natale 2021 with their hymns. The FGT stands for Friday Get Together sessions of praise and worship. These sessions are held on every friday of the week. This academic year the club organised it's FGT's on the online platform through Zoom and Google meets as well as few sessions offline.

VOCTALENT- THE B. VOC. CLUB



VocTalent, a club initiated by and for the Department of Bachelor of Vocational Studies (Retail Management and Information Technology), conducts and organises events and activities across disciplines such as Marketing, Talent acquisition, Visual Merchandising, Retail Quiz, Best Manager, Cultural Arts and the newly introduced portfolio, IT. The club believes and specialises in providing students with practical experience and skill-based training opportunities. VocTalent's marked the beginning of their journey at Yuvaflare with their competition Million to One. Mr Himanshu Prasad and Ms Prachi Thaker judged the event.

As the academic year continued, the club hosted Retail Mantra for students of 2019, 2020 and 2021, with the theme Hustlers of B. Voc on January 31st 2022. Shortly after Retail Mantra, the club hosted 'Recori' on February 22nd 2022. Ms Kiran Dembla inaugurated the event while Mr Panneerselvam Madangopal concluded it. Francisians enjoyed themselves at Recori. The class of 2019, B.Voc conducted VocTalent's final event 2021-2022. Vendito, The Mini Management Fest on March 16th 2022, came forward with the theme Voc-in-fun. The club opened a window of opportunities for students of St. Francis this year.



COFEE- THE COMMERCE CLUB



Commerce Organisation for Emerging Entrepreneurs (COFEE) has completed yet another year of exciting events. This year, their introduction to college was through DANCEVERSITY- The official dance team of the club's performance on Independence day. The Investiture Ceremony of Student Clubs was celebrated on 28th August 2021. Soon after, they conducted a webinar on Networking and Negotiation skills for Leaders for the student leaders of the department. COFEE conducted Student Induction Program for all the freshers on 21st September 2021. To promote knowledge and awareness about the possibilities in the crypto and blockchain industry COFEE club organised a National Level Webinar in collaboration with Crypto School. They contributed to Yuvaflare by organising BIZ-MUN 2021 and Mercadeo. Both were successful events that forced the students to think high and skillfully. The Trade Wizards sub-club of COFEE launched "The Entrepreneurship Cohort Program" on 14th December 2021. The students of the club also participated in the Intra-College Carol singing competition, and the team was appreciated for its performance. COFEE bagged 2nd position in the Intra-college floor.



Brainia sub-club of COFEE organised 'Talaash: The answer lies within' as a part of the Republic Day celebrations. It was an exciting Inter-College treasure hunt competition. COFEE and its sub-clubs conducted several significant events this year. Speech Weavers sub-club of COFEE organised an Inter-College Debate Competition: 'The Big Debate' on 'India's Unicorn Boom'. Page turners sub-club of COFEE organised 'Act-O-Mania: An escape to the world of books'. Samaritan Transcend- The Social Outreach sub-club of COFEE hosted an awareness program, 'Behind the Mask: Spreading Facts, Condensing fears.' The webinar engaged more than 250 students from different government schools. Later that year "The Good Act" was organised where students from our college donated books, clothes etc. "It was gratifying to see the students' joy after receiving the donation," the club claimed. The valedictory was held on 25th March 2022, which involved the release of the Annual Magazine of COFEE – 'Vantage'. The entire team's efforts were acknowledged, and the event ended with a mesmerising dance performance by team COFEE.

LA FIESTA- THE ENGLISH CLUB



La Fiesta began its journey when the core committee members were selected in July 2021. La Fiesta hosted its first event of the year with an entertaining play, *The Boy Who Broke the Bank*, an adaptation of the short story by Ruskin Bond. The nine-minute humorous play kept the audience engaged and entertained. On 6th September 2021, La Fiesta hosted an entertainment section for their teachers as a token of their appreciation by engaging them in "Mad Libs" and "Guess The Country." Teachers participated in both games enthusiastically, making it a fun and lively session.

The Drama Wing hosted an online Dramatic Play Reading event of the beautiful play *Sins of the Mother* by Toni Delaney Morinelli on 8th September, 2021. With over 50 participants, the event was a huge success. The Bibliophile Wing had its first Prose and Poetry Read, a venue for people to explore their artistry, on 15th September 2021. This academic year the Francis Poetry Society, headed by Shreya Shree Chadal, went in for a revival in December 2021. FPS has proven to be a steady and thriving part of the club since its revival in December 2021, witnessing the participation of students and faculty members from various departments.

For Yuvaflare, the club organised 'To Be Or Not To Be' - a unique, friendly debate where the participants were given roles of prominent public figures. In 2022 La Fiesta hosted its annual event-Art Boulevard on 14th and 15th of March. Art Boulevard entailed many competitions and events like, Aa Dekhe Zara, Mudda Ghatak Hai, Reverie, Open Mic, La Fiesta Talkies and many more. Each of the events had one member of the English Department contributing a "prompt" which started off the events and showcased the knowledge and effort of the Department. Each event saw 50 to 70 participants from students of various college streams. The judges for the events were Ms Asha Jyothi, Ms Hema Saujanya, Mr Amir Javed, and Ms Aisha. La Fiesta was the busiest and one of the most lively clubs this academic year.



COLLEGE CHOIR

SFC NIGHTINGALES



Choir Group is Francis' own nightingales. After saying farewell to the third-year coordinators who played a significant role in making a part of Heal the World performance and Wings video a success, the Choir recorded another video, 'We are the world', to start the academic year. The equal contribution of every member enhanced its value. The group's very first offline performance was on the 75th Independence day. Following this, they were a part of several other offline events in the college. In September, they held the Choir Auditions 2021 in offline mode. Several students joined the Choir and then began practising for the most-awaited Inter College Carol Singing Competition. Their team spirit soared to new heights.

The Choir group said, "In December, we recognized the true meaning of 'That's Christmas to me.' We grew into a family where each was loved and cared for."

They participated in the competitions held at Holy Family Church, Trimulgherry, St. Mary's College, Yusufguda and at Little Flower High School, Abids and won first place in both. The Choir earned compliments like 'the best choir in the city'. They also conducted the Ash Wednesday Mass on the 2nd of March. The students came together and sang in praises of God. The Choir of St. Francis is eagerly looking forward to the next academic year in anticipation of novel experiences and opportunities to grow.



**-Anneliese Pinto, B.A. II MLS Ananditha Pascal, B. Sc. BZC III A,
N. Shiny Esther, B. Com. II H**

AMERICAN CORNER AT SFC



SFC is the only college in the country to boast of an American cultural centre within its premises. American Corner, Hyderabad was established in 2013 under a cooperative agreement between the United States Consulate General Hyderabad and the SFC management. The Corner is a youth-oriented space that acts as a first stop to understand American culture. It is governed by a memorandum of understanding signed between the Public Affairs Section and the management of St. Francis College. Stop by the space to interact with American diplomats, speakers, academics, and artists and participate in film screenings, workshops, discussions, and lectures. Visit the Corner to learn more about educational opportunities in the United States.

One can also access close to 600,000 articles via the Corner's digital database. Feel free to join our programs addressing women's empowerment through STEM, business, art, English language. Corner facilitates students and teachers to engage meaningfully with their peers in the United States, Philippines, Malaysia, Nepal, Sri Lanka, and on topics that interest you. Visit the Corner, and if you like to volunteer, join it. You will get the opportunity to work on exciting projects, interact with American and Indian leaders, and access fantastic cultural exchange opportunities. We organize over 150 programs every year, and we look forward to your participation.



FACULTY DEVELOPMENT CELL

The FDP Cell had its first virtual meeting on 14 July 2021, at 3.30 p.m. and planned the sessions to be conducted for all the staff as well as the newly recruited staff for the academic year 2021-2022.

The first session was held on July 16, 2021 in coordination with the research cell of the college and it was virtual. It was for the faculty of Social Science, Commerce and Management. The speaker for the session was Mr. Vijay Kittu Manda, Editor, Perspectives on Business and Management. The topic addressed was on the 'Academic Research: Experiment, Explore and Enhance.' He stressed on the importance of research in the present day scenario and guided us on various aspects related to research and paper writing.

The second session was an orientation to the staff with less than 2 years experience at SFC and it was conducted on 27th August 2021. The session was handled by Ms. Alina Jyothi, senior Faculty Dept. of chemistry and Ms. B. Kavitha, Senior faculty Dept of Computer Science. The topic for the orientation was: 'History of SFC, Autonomy and CBCS.' It was a very exhaustive session and the new faculty members got to know about the college and its curriculum in a span of two hours. The orientation was conducted online.

The next session was conducted on 20th September 2021, in offline mode for staff less than 2 years teaching experience at SFC and the resource persons for the session were Ms. Latha Subramanian, Senior Faculty, Dept. of Commerce and Dr. Vidya Jayram, Head, Dept. of Zoology. The topic for the session was 'Examinations at SFC.' The participants were told about the Skill tests, Formal IA and End Semester Exams conducted in the college. Also a presentation on different types of skill tests that can be conducted faculty wise was explained. The orientation ended with a Q&A session as the staff had many queries related to conducting continuous assessments.



The fourth session for the new staff was conducted on 29th November 2021, and this session was also conducted in offline mode. The topic for the session was 'Infrastructure Facilities in the College and How Teachers Make a Significant Impact on the Lives of Students.'

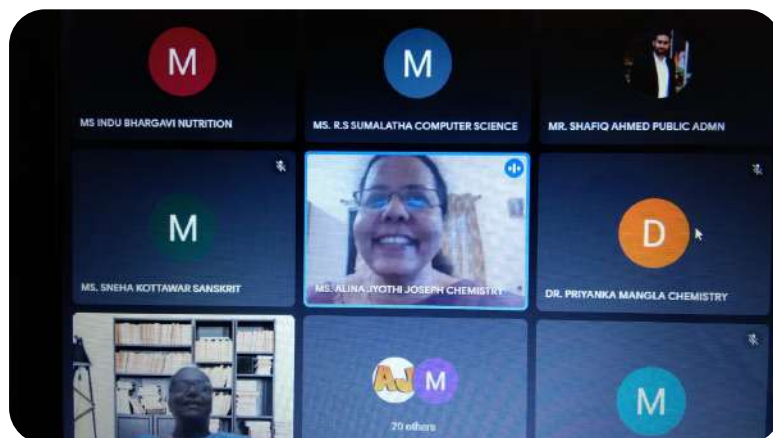
The venue for the session was Aaram. Viram. The resource persons were Dr. Subi Varghese, Head, Dept. of B.Voc. and she spoke in detail about the infrastructure facilities available, Teaching and learning, Research, Co-curricular activities, Green initiatives and Extension activities in the college. The second speaker for the session was Ms. Geetha Kumari, Head, Dept. of Psychology. She helped the participants in understanding the importance teaching and fostering students' self esteem. Ms. Geeta Kumari also stressed upon the importance of basic etiquettes to be followed in classrooms and on campus.

The last session for the year 2021 for the new staff was held on 13th December 2021 on the topic 'Student Clubs, Social Outreach and Natale.' The resource speaker was Ms. Mary Kavitha, Head, Dept. of Botany. The session was conducted when the Christmas Season filled the air in college. Ms. Mary Kavitha started the session with a game to warm up the participants followed by giving details about the various clubs and their contribution in Yuvaflare, the inter collegiate fest was highlighted. Then she discussed the role of students and teachers towards social responsibility through social outreach wherein the college community reaches out to the under privileged. Natale, the annual Christmas programme in the college holds a number of inter and intra competitions. The new staff had a glimpse of the various academic and non-academic orientations.

The last session for the academic year was conducted on 1st April 2022 for the entire teaching staff of the college. The topic for the session was 'Copyright: Images, and Content on Internet and its Fair Use in Education.' The resource person was Mr. Sridhar Nallamothu, Editor, Computer Era Magazine and Faculty in Police Academy.

This was a fruitful year filled with various sessions for the new faculty members and the other teaching staff. We could execute all the planned activities with the unconditional support from all committee members.

-Ms. Latha Subramanian
Assistant Professor
Department of Commerce



CAPACITY BUILDING PROGRAMME

DEPARTMENT OF ENVIRONMENTAL STUDIES

The Capacity Building Programme on the topic of Solid Waste Management was organized by the Department of Environmental Studies on 26th August 2021 for the support staff of the college to enhance their knowledge and skills in the areas of types of waste, waste segregation and waste management. Waste hierarchy, zero waste management, conduction, importance of eco-friendly, green handbag kit for traveling and shopping events were discussed by Mrs. G. Dhana Lakshmi, HOD, Environmental Studies. Aprons and gloves were distributed to the supporting staff by the SFC Prakriti Club members in recognition of their services. Later, the core committee reached the Shubham area which is exclusively meant for solid waste management. The Prakriti club's core committee demonstrated waste segregation, composting, and vermicomposting. The club committee and supporting staff enthusiastically participated in this programme.



DEPARTMENT OF ECONOMICS

The department of Economics conducted a capacity building for the non-teaching staff on 30th September 2021, on 'Basic operations in Banking'. The event had around 20 participants and concepts like using a cheque, filling of various bank forms, the importance of saving through Fixed Deposit and Recurring deposit was explained. It was a great learning experience.



DEPARTMENT OF BOTANY

Department Head, Ms. Mary Anthony conducted an awareness program for the non-teaching staff on various remedies for Primary Health Care. Many natural remedies are available in the kitchen for overall well-being. Staff were also taken around the campus to identify common plants that are used for the common ailments. The method of preparation and dosage was also demonstrated.

DEPARTMENT OF COMMERCE

The programme commenced with Ms. Deepa James, Head Department of Commerce welcoming the participants and introducing the objective of the CBP. After an introduction of the resource persons, the Non – Teaching staff were divided into two groups, i.e, Administrative staff for whom the session was conducted in English and the Support staff for whom the session was conducted in Telugu and Hindi for better understanding.

For Administrative Staff, the resource persons were Dr. R. Shiny and Ms. Hari Kalyani. Dr. Shiny started the session with a few videos highlighting the need for financial planning and its importance. Subsequently, a quiz on financial literacy concepts was conducted to gauge the awareness level of the participants. Ms. Hari Kalyani continued the session by enumerating some of the investment avenues available and also highlighted the importance and avenues available for tax planning. For Support Staff, the resource persons were Dr. Vanisree T and Ms. Lily Kansal. Saving options such as the Post office, small savings, and other government schemes were highlighted and explained. The session was well received. Both the sessions were introductory in nature and aimed at sensitising the participants to the importance of financial awareness and wellness.

DEPARTMENT OF NUTRITION

The department of Nutrition, St Francis College for Women, conducted a Capacity Building Programme for the non-teaching staff at the college. The topic for the program was on ‘Balanced Diet’. Ms Tabitha Ramona, Head, Department of Nutrition spoke in detail about the meaning of a balanced diet, its role in maintaining good health, food serving sizes, food pyramid, how to make healthy choices while planning a diet and importance of having food from all the food groups. She gave examples to the audience using visual aids for a better understanding. A quiz was also conducted for the non-teaching staff, to find out how best they were able to grasp the concept of a balanced diet. The session ended successfully; prizes were given to those who won in the quiz competition. It was a very good experience for all the members in the department.



NON TEACHING STAFF ACTIVITIES



College not only gives wings to its students but under the governance and good guidance of our Principal Dr. Sr. Sandra Horta, the Vice-Principal Dr. Sr. Sherly and the management, the non-teaching staff participated and organised several activities and took up befitting initiatives. The staff includes office, health centre, receptionist, examination branch, accounts section, laboratory staff, sports department, IT, library and support staff. The non-teaching staff participated in social outreach activities like the Bikeathon – to feed the hungry, distribution of necessities’ to the old age home, and distribution of groceries during the pandemic. The staff also assisted Sr. Lizy, a social activist. The staff also raised funds for their colleagues who needed financial and emotional support. The employee empowerment activities they participated in included 'English Bol' and 'One Hour for One Month.' The eucharist is an occasion for the non-teaching staff to claim to strengthen bonds of friendship with God and neighbours. Non-teaching staff's contribution was appreciated on the feast day, world day of the sick, holy infant mary devotions and SFC pilgrimage. The academic year after the pandemic embraced the entire college in all its celebrations. The non-teaching staff enjoyed being a part of the various college events like Natale, Makar Sankranti, superannuation and silver jubilees, women's day celebrations, men's day celebrations, Independence day and Republic day celebrations. The staff's active participation was seen on grand parents' day, physical education, library, potluck and team lunches, and several competitions, workshops and seminars.

-Ms. Mary Dias
Receptionist

CCGP CELL

This academic year was challenging for the Centre for Career Guidance and Placements cell; however, they successfully pushed through. The CCGP conducted its first webinar, 'A Talk on Civil Services as a Career option,' on 23rd July 2021. The guest speaker was Dr Neha Agarwal, an alumnus at Francis. MBA in India and Abroad & Importance of GMAT' for graduate students was organised on 12th August 2021. A career guidance program called 'Ask Me Anything' was conducted on 21st August 2021 in collaboration with The Guiding Voice. A similar orientation called 'At the Crossroads' was hosted on 31st August 2021 for UG and PG students. The event included three sessions that discussed Higher education, Corporate skills and Government Jobs.



To equip students with modern ways of presenting themselves and their resumes for interviews, CCGP conducted a Career Recruitment Training webinar from 6th to 8th September 2021. An offline session was hosted on 27th September 2021, providing guidelines to follow during placements. CCGP partnered with Enable Careers to present CAMP, an on-campus session on 9th and 16th October 2021. The program included workshops for placements. On 3rd November 2021, a session on the Placement Process and the Need to Build an Engaging Profile was held. The goal of the webinar was to provide the students with better knowledge of the recruiting and interview processes and best practices for improving their resumes and LinkedIn profiles. Placements began on 1st November 2021. Francis welcomed companies like D.E Shaw, Arcesium, Goldman Sachs, Deloitte, Dell, KPMG, Optum, Accenture, ADP, Qualcomm, Wells Fargo, etc

FRANCIS ALUMNAE ASSOCIATION (FAA)



St. Francis College for Women has established itself for excellence in education. It has created history right from its inception; in the past 61 years, it has produced women who make a difference wherever they are. The alumnae in turn, have gratefully formed an Association to contribute in whatever manner possible to the good of the institution. Established in 1994, the Alumnae Association of St. Francis College has since been actively involved in supporting all the activities and initiatives at the college. In 2021, the association was renamed Francis Alumnae Association (FAA).

Since its inception, Francis Alumnae Association has been proactively involved in assisting all activities and initiatives at the college. 2021 began with inducting new office bearers who pledged to take the association to the next level.

FAA OFFICE BEARERS:

- The FAA has a board of four Core Committee members, including the President, Vice-President, General Secretary and Treasurer, ten Executive members, and five college coordinators from each college faculties representing teaching and non-teaching alumnae and management representatives.
- The executive body of the association meets regularly and plans programmes to benefit the current students. In this academic year, meetings were held on August 28th 2021, September 18th 2021, March 7th and on March 13th 2022.

PROGRAMMES AND ACTIVITIES:

- Service Excellence Award: This award instituted by Alumnae Association for significant contributions to the alumnae and college was awarded to Ms. Deepa James on 5th September 2021.
- AGM: The 16th Annual General Meeting was held on August 28th 2021. The induction of New Office bearers took place, followed by a Financial statement, Committee report and Auditor report being shared and approved and a plan of action for the year ahead.
- The Newly Elected FAA Office Bearers were invited to attend the College Assembly on March 7th, 2022. The President, Ms. Deepa Narne, addressed the gathering and gave an inspiring speech on FAA and shared her nostalgic moments here at St. Francis. All the core members were felicitated and welcomed warmly to the campus.



- FAA collaborated with the Center for Career Guidance and Placement (CCGP) to encourage students to pursue their careers. The association did so by organizing career grooming sessions by inviting well established and renowned personalities from IT and other industries.
- Career Grooming Sessions by Mr. Pavan Kumar Pillamarri, Market Intelligence Leader, General Electric, were held from March 7th to March 9th 2022, for UG and PG Final year students registered with CCGP. The sessions focused on Aptitude testing, CV writing, Mock Interviews, Self-grooming and Personality Development.
- Career grooming session on Personality Development and Cabin Crew training was taken by Ms. Anu Rathod on March 8th 2022, from 10-10.30 a.m. She had shared her knowledge on the needs and requirements of the concerned field.
- A session, 'An Insight into Overseas Education' with the help of Y-Axis, Creating Global Indians, was held by Mr. Faizal Hassan (AVP Coaching) and Mr. Mohammed Adnan (Learning and Talent Development Manager) on March 9th 2022. Ms. Sabina Xavier (an alumna of Francis) and Ms. Kulsoom were instrumental in spearheading this session.
- FAA had organized a Guest Lecture on 'Cancer Awareness' on March 9th 2022 by Dr. Geetha Nagasree, Senior Consultant Surgical Oncologist, Care Hospitals, Hyderabad, from 2-3.30 p.m. for the Non-Teaching Staff members. The lecture threw light on the basics of cancer, its treatment, the stigma surrounding it, and the creation of awareness.

NATIONAL CADET CORPS (NCC)

St. Francis left no stone unturned in the overall development of the NCC cadets in the year 2021-22. Cadets volunteered for many social activities and attended motivational and informative guest lectures, which helped combat many real-life aspects. Beginning from online celebrations of International Yoga Day on 21st June 2021, NCC conducted/organised a Sailing camp, a variety of competitions for Aazadi Ka Amrit Mahotsav, a webinar on 'Prevention of Substance Abuse,' a webinar to commemorate the Kargil War on 26th July 2021. Various cadets have participated in 6th IUC, EBSB, IGC, ATC Camps, and PRE-RDC. After the NCC visit to the Meteorological Department, several cadets participated in Job Mela Organised by Telangana Govt. Later that year, NCC organised various competitions on World Aids Day. 'Award for social Activity' was given to 3 students from NCC on 3rd December 2021.



The cadets volunteered at the Airtel Hyderabad Marathon on 19th December 2021. The most memorable event for NCC was the celebration of their Golden Jubilee at Francis on 7th January 2022. The cadets received NB Sub Ankur Rawat on Republic Day, who inspired students through his life experiences. Three cadets, P. Prema (Air Wing), Mary Anthony (Army Wing), K. Kanak Varsha (Navy Wing) have been selected for the Republic Day Parade. The Cadets were appreciated for their service at the KSS Charitable & Health Care Centre, Rasoolpura, on 5th February 2022. NSS also paid an educational visit to the Zinda Tilismath Factory and Masqati on 7th February 2022 and participated in a virtual summit on leadership and Traffic awareness program at college on 21st February 2022. NCC brought forth many activities contributing to better physical and mental health and the health of society around them.

NATIONAL SERVICE SCHEME (NSS)

The 5th International Yoga Day was held online, celebrated by the NSS student volunteers of St. Francis College for Women. Students explained the importance of practising yoga every day in one's life. NSS volunteers demonstrated some of the important yoga postures to motivate and encourage college students to practise yoga everyday. The NSS student volunteers and NSS PO Dr. Sarita Aduri visited the meteorology department on 14th January 2021. The students appreciated the visit and learned a lot about atmosphere patterns, predicting weather, instrumentation, etc. In pursuance of the Government of Telangana, NSS Volunteers organised the 'Haritha Haram' event on 24th August 2021 by planting numerous saplings of Bougainville and Rose. The event was flagged off by our respected Principal Dr. Sr. Sandra Horta, Vice-Principal Dr. Sr. Sherly, Dean of Academics, Dr. Mallika Shetty, NSS Program officers and senior staff members. The volunteers participated very enthusiastically, and the programme was a great success.

Hyderabad Police Department organised a guest lecture for NSS Volunteers and NCC cadets to bring awareness to Traffic Rules and Road Safety. NSS units of St. Francis College for Women celebrated the NSS day on 18th October 2021 with great fervour and enthusiasm. NSS flag was hoisted, followed by a small programme during the college assembly depicting the Golden Jubilee year of NSS & the role of NSS in the nation's building. 15 NSS volunteers took part in the NSS day celebrations organised at Osmania University, Hyderabad. As a part of Azadi Ka Amrut Mahotsav, NSS units of St. Francis College for Women conducted a cleanliness drive on the college campus on 27th October 2021. Over 60 NSS volunteers enthusiastically participated in the drive. The student volunteers participated in a programme organised by the NSS Units of the college and Family Planning Association, Stars NGO, to mark the World AIDS Day. The theme of the year was inclusiveness in the fight against the disease. The members of FPA addressed the student gathering, and a collage making slogan writing competition was held during the event.



A prize distribution ceremony was held on 10th December 2021 for the competitions conducted on 1st December 2021. This was followed by an extension guest lecture for volunteers on 'Women's Health and Hygiene.' The 'National Service Scheme' Unit at St. Francis College hosted a food fest to mark Christmas's joy, gaiety, and fun; the students put up a variety of stalls, from snacks and the main course to beverages. The fest got a tremendous response. The amount collected will be utilised for NSS Extension activities in the future. On 7th January 2022, the NSS volunteers participated in the National level Rangoli Competition to mark the 75 years of India's Independence. The students made vibrant designs embodying the culture and diversity of the rich nation.

The birthday of Swami Vivekananda is celebrated as the National Youth Day every year. For the NSS volunteers, he is the youth icon of India. The students took part in a slogan writing, poster making competition online to spread the icon's message.

The NSS PO Ms. Vijaykumari, and four student volunteers were selected for NIC at Gulbarga University by Telangana State, Osmania University. The NIC was held from 3rd March to 10th March 2022. The NSS volunteers and NCC cadets along with Ms. Marie and NSS PO Ms. Rajeshwari visited the NIN institute.

The study tour was very fruitful and an enriching experience for all. On the occasion of the International Women's Day, observed on 8th March annually, the SHE Team of Hyderabad and Telangana Government organised the Pink Run. This was to mark the day of women's empowerment. The NCC Cadets and NSS student volunteers, and NSS PO Dr. Sarita Aduri and Ms. Rooman Deb participated in the 5K/2K run at the event organised at the Necklace road. The Family Planning association organised a 2K walk at the necklace road. The NSS volunteers and their PO Dr. Sarita Aduri participated in the event. Dr. Sarita Aduri and Ms. Rajeshwari, NSS POs of Unit III and Unit IV, attended a week-long training programme from 22nd March to 28th March 2022 at OUCIP Osmania university. This programme was conducted by the Empaneled training institute, sponsored by the Ministry of Youth Affairs and Sports, Gov't of India and Osmania University for NSS Programme Officers.



SPORTS

STUDENT/PLAYER	ACHIEVEMENTS
Srivalli Rashmika, B. Com. III	Participated in South Zone Tennis at All India University and Khelo University Championship
Nidithra Rajmohan, B.Sc. III	Participated in South Zone Tennis at All India University and Khelo University Championship
A. Bala Sri Gayatri Snigdha, B. Com. III	Participated in South Zone Tennis at All India University and Khelo University Championship
Ananya Yerugu, B. A. I EPP	Participated in Archery at All India University, Bhubaneswar
G.S Tanishqa, B. Com. III IB	Participated in All India Fencing, Punjab
Ojesvi Kodoru, BMS I Abhigail Doris Lazarus, B. Voc I Ndhi Mundra, B. Com. II	Represented St. Francis College in South Zone Basketball Match at MG University, Kottayam, Kerala
Abhigail Doris Lazarus, B. Voc-I	Selected to represent Telangana Basketball Association in Junior Nationals at Indore, MP
Cecilia John, B.Com. III	Participated in the Senior Women Cricket Association

STUDENT/PLAYER	ACHIEVEMENTS
Srivalli Rashmika, B.Com. III A.Bala Gayatri Snigdha, B.Com. III Pavani Pattak, B.A. I	Secured Gold in South Zone Tennis Tournament held at SRM University. Selected to represent the World Universities in China (February 2022)
Nishka Agarwal, B.A. III	Participated in 43rd Senior National Throwball Championship, New Delhi
Haritha, B.A. II	Secured Bronze in Senior Handball Championship, Sarooranagar
V. Anusha, B.Sc II	Selected to represent at the Indo-Sri Lankan Tennis Ball Cricket Series at Colombo, Sri Lanka
Abhirami, B. Com. I	Won a Gold at 54th Junior Championship Chess at Gurgaon, Haryana.
P.Srikruti, M. Com. I K. Soumya, M. Com. I S.Sri Vidya, B.Sc II Mahima, B.Com. II	Selected to represent Senior National Volleyball Championship for Telangana. Selected to represent OU at All India University Yoga at KIIT Bhubaneswar
Nidhi Mundra, B. Com. II Mahima Goud, B. Com. II A. Ava Maria, B. Com. II P Leena Magaret, B. Com. II Deekshitha, B.A. II V. Pragyna Lyhari, B.Sc II V Anusha, B.Sc II	Represented in the 28th Junior National Tennis Ball Cricket Championship Federation Cup at Agra, Uttar Pradesh and Dosa, Rajasthan.

STUDENT/PLAYER	ACHIEVEMENTS
Zahira M. Deeshwal, B.A. I	Secured Gold medal in 64th Shooting Championship (Mixed) at Patiyala, Punjab and Bronze in team event
Ch. Haritha, B.A. II	Selected to represent 44th Junior National Handball Championship at Lucknow, UP.
Ojesvi Kodoru, BMS I Abhigail Doris Lazarus, B. Voc I	Secured Gold Medal in the Fifth Junior State Meet at Uttanoor, Gadwal
Anjali Rai, B.A.I	Secured Silver Medal in the Fifth Junior State Meet, Uttanoor
Abhigail Doris Lazarus, B. Voc I Anjali Rai, B.A. I Ndhi Mundra, B. Com. II Khusboo Jain, B.Com. II	Selected for Open Invitational Basketball Tournament in association with Telangana Basketball Association at Uttanoor, Gadwal. (5th to 9th February)
P Srikruti, M.Com. I K Soumya, M.Com. I S. Niharika, B. A. II	Represented South Zone Volleyball Universities at SRM, Chennai
P Pranitha, B.Com. I	Secured Silver in National Ice Skating Championship, Punjab
T. Ananya Sri Sreekari, B.Sc III	6th position in 59th National Roller Skates Championship, HP
P.Srikruti, M. Com. I K. Soumya, M. Com. I	Selected to represent Senior National Volleyball Championship for Telangana
S. Sri Vidya, B.Sc II Mahima, B.Com. II	Selected to represent All India University Yoga for Osmania University held at KIIT Bhubaneswar
Zahira M. Deeshwal, B.A. I	Won two Bronze medals in Shotgun in Khelo India University Games

STUDENT/PLAYER	ACHIEVEMENTS
Mehak Jain, B.A. I (1st Position) Shrushi G. Manusha, BMS III (Runner up) Upendita, B.A. II T.Sindhuja Reddy, B.A. II	Represented Telanagna State Athletic meet held at Nizam College, Hyderabad Selected to represent Telangana State Athletics meet in Athletic championship held at Karimnagar
Srivalli Rashmika, B.Com. III Pavani Pattak, B.A. I	Represented Osmania University in Tennis and won Gold Medal in Khelo India University Games (May 2022)

-Mr. Syed Farooq Kamal
Head, Dept. of Physical Education



The background is a soft, abstract watercolor wash in shades of light blue, teal, and pale green. Centered in the background is a faint, dark grey outline of a vintage-style camera, showing details like the lens, viewfinder, and flash.

PHOTO GALLERY

B.A. III EPP & EPS



B.A. III HLP & PLP



B.A. III HPP & PPP



B.A. III MLS & MLP



B. Com. A & F



B. Com. Computers



B. Com. Honors



B. Com. IB



B. Com. III IPP



B. Sc. III A



B. Sc. III B



B. Sc. III C



B. Sc. III D



B. Sc. III E



B. Sc. III F



B. Sc. III N



B. Sc. III H



BMS III



B. VOC. III (RM&IT)



M. Com. II Applied Finance



M.A. II Mass Communication



M. Sc. II Mathematics



M. Sc. II Chemistry



M. . II Computer Science



M. Sc. II Microbiology



M. Sc. II Psychology



PG Clinical Nutrition and Dietetics



COFEE CLUB



CHOIR



SPECTRUM CLUB



VOCTALENT CLUB



XPRESSIONS CLUB



PLACEMENT CELL



ARISTA CLUB



IQAC



NCC



NSS



FACULTY OF ARTS



FACULTY OF COMMERCE



FACULTY OF SCIENCE



FACULTY OF MANAGEMENT



NON-TEACHING STAFF





In Memoriam



Mr. Srinivas Methuku

Mr. Srinivas Methuku, our beloved colleague of the Department of B.Voc (Retail Management and IT), passed away on August 9, 2021, surrounded by loved ones who will continue to honour his legacy by living their lives to the fullest. After being a teacher for two decades, Mr. Srinivas's pride was in his college and students. He shared his passion for learning with everyone who was a part of his life over the years. He taught subjects like Accounting for Managers, Quantitative Techniques for Managers, Retail Financial Management and more. His pleasant personality was contagious, and his smile will forever light any path. Mr. Srinivas is survived by his wife and two children.

Adieu is never easy. The pictures never bear your warmth. The heart is still pierced by memories, and no words can tell it all. To our dear colleague, you will always be remembered.

Dr. Subi Varghese
Head, Dept. of B. Voc



Ms. Madhuri Lakshmi Vagvala

Ms. Madhuri Lakshmi Vagvala, a student in the second year of the Department of B.Voc. (Retail Management and IT), a friend and a beloved junior, passed away on February 12, 2022. Madhuri was a good friend to many and a pillar of support to anyone who needed her. She could entertain people for hours with stories about her life and would perform every responsibility she had with the highest commitment. She held the Class Representative position and was the Event Manager, and was also a part of the Video Production Team. Even though Madhuri's entire family survives her, she is never alone. The list of survivors and those who mourn her is not short. A prayer, a flower, a candle and sad tears of pain. You are missed, dear Madhuri.

Dr. Subi Varghese
Head, Dept. of B. Voc

